



## Bone Builder® Vegetarian Ratio Balanced Calcium & Magnesium

**Form:** Tablets

**Flavor:**

**Size:** 90 Tablets

**Cal Apatite Bone Builder Vegetarian** provides a ratio-balanced blend of calcium and magnesium in a completely vegetarian formula to support bone health.\*

**Benefits:**

- Calcium, along with regular exercise and a healthy diet, can play a significant role in reducing the rate of bone loss or bone thinning and in protecting bone strength\*
- Magnesium plays an important role in calcium metabolism and acts with calcium to support many biological processes including bone formation, muscle contraction and relaxation, and nervous system health\*

Ingredient	Amount Per Serving	% Daily Value
Serving Size:	1 Tablets	
Servings Per Container:	90	
Calcium (as calcium citrate)	200 mg	15%
Magnesium (as magnesium oxide)	150 mg	36%

**Other Ingredients:** Stearic acid (vegetable), microcrystalline cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take one tablet twice daily or as directed by your healthcare practitioner.

**Caution:** If pregnant, nursing or taking antibiotics or cardiovascular medication, consult your healthcare practitioner before use. Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**This product is non-GMO, gluten-free, and vegetarian.**

\*Daily Value not established.