



## E-400 Selenium™

### Antioxidant Formula\*

**Form:** Tablets

**Flavor:**

**Size:** 180 Tablets

**E-400 Selenium™** provides the essential trace mineral selenium and natural-source vitamin E, an antioxidant that helps protect tissues from damage caused by free radicals.\*

<b>Ingredient</b>	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Serving Size:	1 Tablet	
Servings Per Container:	180	
Vitamin E (as d-alpha tocopheryl succinate)	268 mg	1,787%
Calcium	97 mg	7%
Phosphorus	74 mg	6%
Selenium (as selenium L-aspartate)	50 mcg	91%

**Other Ingredients:** Dicalcium phosphate, microcrystalline cellulose, silica, stearic acid (vegetable), magnesium stearate (vegetable), croscarmellose sodium, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take one tablet up to twice daily with meals or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** Keep out of the reach of children.

**Tamper Evident:** Do not use if safety seal is missing or broken.

**Storage:** Keep tightly closed in a cool, dry place.