



## BCAAs

### Support for muscle protein synthesis\*

**Form:** Powder

**Flavor:** Orange Mango

**Size:** 7.72 oz (219 g)

Muscle Up! Complement your workout lineup with **Metagenics BCAAs**, featuring clean, highquality branched-chain amino acids. Metagenics BCAAs is formulated with a 2:1:1 ratio of leucine to isoleucine to valine. Branched-chain amino acids can be an important part of workout recovery—helping to support muscle protein synthesis and reduce temporary muscle soreness after exercise.\*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Scoop (7.3 g)	
Servings Per Container	30	
Calories	25	
Sodium (as sodium chloride)	40 mg	2%
L-Leucine	3 g	*
L-Valine	1.5 g	*
L-Isoleucine	1.5 g	*

**Other Ingredients:** Natural flavors, ^ citric acid, malic acid, rebaudioside A (from *Stevia rebaudiana* leaf extract), and silica.

**Directions:** Blend, shake, or briskly stir 2 scoop (7.3 g) into 8 oz of chilled water before and after exercise or with a meal as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Storage:** Keep tightly closed in a cool, dry place.

\*Daily Value not established.

^No MSG