



# Clear Change® 28 Day Program with UltraClear® Plus pH

# Metabolic Detoxification Program with UltraClear® Plus pH

Form: Array

Flavor: Pineapple Banana

Size: 1

The Clear Change 28-Day Program featuring UltraClear Plus pH provides a more comprehensive approach to metabolic detoxification than the 10-day program. It's an easy-to-follow eating plan with UltraClear Plus pH nutritional powder mix and AdvaClear® dietary supplement capsules that will help patients get on track to feel better and more energized. Many people benefit from completing a 28-day metabolic detoxification program once or twice a year.\*

Metabolic detoxification is a natural bodily process that consists of 3 major detoxification pathways: Phase I (functionalization), Phase II (conjugation), and Phase III (antiporter activity). In this process, fat soluble compounds must undergo transformation and become water-soluble before they can be excreted.

The 28-day program is ideal for those who present with decreased vitality, individuals who eat a diet heavy in processed food and/or lacking in beneficial phytonutrients, or those who have a sedentary or high stress lifestyle. It is also ideal for individuals who scored >50 on the Metabolic Detoxification Questionnaire.

This convenient 28-day program includes:

- UltraClear Plus pH (Vanilla or Pineapple Banana)—an advanced, specialized nutritional powder mix formulated for metabolic detoxification, including support for alkalinization, balanced liver detoxification capacity\*
  - Features a low-allergy-potential rice protein base and is designed to help nutritionally support the detoxification of potentially harmful compounds by the liver and reduce exposure to food allergens\*
  - Supports Phase I and II detoxification, delivering nutrients to help enhance activities of several liver detoxification enzymes and antioxidants to help support the clearance of reactive intermediary compounds\*
  - Provides advanced support for Phase III detoxification by nutritionally supporting alkalinity and excretion\*
- AdvaClear®—supports balanced metabolic detoxification activity and provides antioxidant protection against reactive oxygen intermediates produced during the detoxification process\*
  - Delivers methylated vitamin B12 and folic acid along with nutrients designed to enhance the activities of several liver detoxification enzymes\*
- Free shaker cup—convenient way to mix a nutritional powder
- Program guide—easy-to-follow instructions, menu plans, and recipes
- **Program diary**—for patients to track their experience
- Free webinar—on-demand presentation from Metagenics clinicians
- Web-based tools, recipes, FAQs, and sign-up for daily motivational emails at ClearChangeProgram.com



# UltraClear Plus pH Pineapple Banana

Serving Size:         About 2 Scoops (46 g)           Servings Per Container:         21 (by weight)           Calories         170           Total Fat         5 g         6%*           Saturated Fat         1 g         5%*           Total Carbohydrate         21 g         8%*           Dietary Fiber         1 g         8%*           Total Sugars         8 g         12%*           Protein         10 g         12%*           Vitamin A (80% as betacarotene)         10 g         12%*           Sugars         1500 mcg         167%           Protein         10 g         167%           Vitamin A (80% as betacarotene and retinyl palmitate)         1500 mcg         167%           Vitamin D (as carotene and retinyl palmitate)         300 mg         333%           Vitamin E (as d-alpha tocopheryl acetate)         28.1 mg         187%           Vitamin E (as d-alpha tocopheryl acetate)         2 mg         167%           Riboflavin         2 mg         154%           Nicarin (as niacinamide)         9.4 mg         59%           Vitamin B <sub>6</sub> (as pyridoxine HCl)         3.4 mg         200%           Vitamin B <sub>12</sub> (as calcium L-5-methyltetrahydrofolate)†         36 mg         720%     <	Ingredient	Amount	Daily Value
Servings Per Container:         21 (by weight)           Calories         170           Total Fat         5 g         6%*           Saturated Fat         1 g         5%*           Total Carbohydrate         21 g         8%*           Dietary Fiber         1 g         8%*           Total Sugars         8 g         12%*           Protein         10 g         167%           Vitamin A (80% as beta-carotene and retinyl palmitate)         1,500 mcg         167%           Vitamin D (as         0.8 mcg (35 g)         4%           Vitamin D (as         4.8         187%           Vitamin E (as d-alpha tocopheryl acetate)         2 mg 154%           Niacin (as thiamin HCl)         2 mg 154%	Serving Size:	Scoops (46	
Total Fat         5 g         6%*           Saturated Fat         1 g         5%*           Total Carbohydrate         21 g         8%*           Dietary Fiber         1 g         8%*           Total Sugars         8 g         129**           Protein         10 g         129**           Protein         10 g         129**           Vitamin A (80% as beta-carotene) (as beta-carotene and retinyl palmitate)         1,500 mcg         167%           Vitamin C (as ascorbic acid)         300 mg         333%           Vitamin D (as cholecalciferol)         0.8 mcg (35 pl.)         4%           Vitamin E (as d-alpha tocopheryl acetate)         2 mg         167%           Riboflavin         2 mg         154%           Niacin (as thiamin HCl)         2 mg         154%           Niacin (as niacinamide)         9.4 mg         59%           Vitamin B <sub>10</sub> (as pyridoxine HCl)         3.4 mg         200%           Folate (as calcium L-5-methyltetrahydrofolate)*         3.4 mg         200%           Vitamin B <sub>12</sub> (as methylcobalamin)         3.5 mcg         34%           Biotin         135 mcg         150%           Pantothenic Acid (as D-calcium pantothenate)         210 mg         18%	Servings Per Container:	21 (by	
Saturated Fat         1 g         5%*           Total Carbohydrate         21 g         8%*           Dietary Fiber         1 g         8%*           Total Sugars         8 g         12%*           Protein         10 g         167%           Vitamin A (80% as beta-carotene and retinyl palmitate)         1,500 mcg         167%           Vitamin D (as beta-carotene and retinyl palmitate)         2.8.1 mg         187%           Vitamin D (as calpha tocopheryl acetate)         2.8.1 mg         187%           Vitamin E (as d-alpha tocopheryl acetate)         2.8.1 mg         187%           Thiamin (as thiamin HCl)         2 mg         167%           Riboflavin         2 mg         154%           Niacin (as niacinamide)         9.4 mg         59%           Vitamin B <sub>0</sub> (as pyridoxine HCl)         3.4 mg         200%           Pol	Calories	170	
Total Carbohydrate         21 g         8%*           Dietary Fiber         1 g         8%*           Total Sugars         8 g           Includes 6g Added Sugars         12%*           Protein         10 g           Vitamin A (80% as betacarotene) (as beta-carotene) and retinyl palmitate)         1,500 mcg         167%           Vitamin C (as ascorbic acid)         300 mg         333%           Vitamin D (as cholecalciferol)         0.8 mcg (35 IU)         4%           Vitamin E (as d-alpha tocopheryl acetate)         2 mg         167%           Riboflavin         2 mg         154%           Niacin (as niacinamide)         9.4 mg         59%           Vitamin B <sub>6</sub> (as pyridoxine HCI)         3.4 mg         200%           Folate (as calcium L-5-methyltetrahydrofolate)†         3.6 mcg         150%           Vitamin B <sub>12</sub> (as methylcobalamin)         3.6 mcg         150%           Biotin         135 mcg         450%           Pantothenic Acid (as D-calcium pantothenate)         36 mg         720%           Calcium (as calcium citrate and dicalcium phosphate)         210 mg         18%           Iron         0.5 mg         3%           Phosphorus (as dipotassium phosphate)         30 mg         55%	Total Fat	5 g	6%*
Dietary Fiber         1 g         8%*           Total Sugars         8 g         12%*           Includes 6g Added Sugars         10 g           Protein         10 g           Vitamin A (80% as betacarotene) (as beta-carotene) and retinyl palmitate)         1,500 mcg         167%           Vitamin C (as ascorbic acid)         300 mg         333%           Vitamin D (as cholecalciferol)         0.8 mcg (35 IU)         4%           Vitamin E (as d-alpha tocopheryl acetate)         2 mg         167%           Riboflavin         2 mg         154%           Niacin (as niacinamide)         9.4 mg         59%           Vitamin B <sub>12</sub> (as pyridoxine (as calcium L-5-methyltetrahydrofolate)†         3.4 mg         200%           Folate (as calcium L-5-methyltetrahydrofolate)†         3.6 mcg         150%           Vitamin B <sub>12</sub> (as methylcobalamin)         3.6 mcg         150%           Biotin         135 mcg         450%           Pantothenic Acid (as D-calcium pantothenate)         36 mg         720%           Calcium (as calcium citrate and dicalcium phosphate)         210 mg         18%           Iron         0.5 mg         3%           Phosphorus (as dipotassium citrate and magnesium sulfate)         30 mg         55%           Using (a	Saturated Fat	1 g	5%*
Total Sugars         8 g           Includes 6g Added Sugars         12%*           Protein         10 g           Vitamin A (80% as betacarotene) (as beta-carotene and retinyl palmitate)         1,500 mcg         167%           Vitamin C (as ascorbic acid)         300 mg         333%           Vitamin D (as cholecalciferol)         0.8 mcg (35 IU)         4%           Vitamin E (as d-alpha tocopheryl acetate)         28.1 mg         187%           Thiamin (as thiamin HCI)         2 mg         167%           Riboflavin         2 mg         154%           Niacin (as niacinamide)         9.4 mg         59%           Vitamin B <sub>6</sub> (as pyridoxine HCI)         3.4 mg         200%           Folate (as calcium L-5-methyltetrahydrofolate)†         3.6 mcg         150%           Vitamin B <sub>12</sub> (as methylcobalamin)         3.6 mcg         150%           Biotin         135 mcg         450%           Pantothenic Acid (as D-calcium pantothenate)         36 mg         720%           Calcium (as calcium citrate and dicalcium phosphate)         210 mg         18%           Iron         0.5 mg         3%           Phosphorus (as dipotassium phosphate)         53 mcg         35%           Magnesium (as magnesium citrate and magnesium sulfate) <th< td=""><td>Total Carbohydrate</td><td>21 g</td><td>8%*</td></th<>	Total Carbohydrate	21 g	8%*
Includes 6g Added Sugars  Protein  10 g  Vitamin A (80% as beta-carotene) (as beta-carotene and retinyl palmitate)  Vitamin D (as ascorbic acid)  Vitamin E (as d-alpha tocopheryl acetate)  Thiamin (as thiamin HCl)  Vitamin B <sub>6</sub> (as pyridoxine HCl)  Folate (as calcium L-5-methylcobalamin)  Biotin  Pantothenic Acid (as D-calcium pantothenate)  Calcium pantothenate)  Calcium pantothenate)  Iron  Phosphorus (as dipotassium plosphate and dicalcium phosphate)  Iodine (as potassium icitrate and magnesium sulfate)  Zinc (as zinc gluconate)  Ing  Potassium (as magnesium citrate and magnese  Ing  Ing  Potassium (as potassium citrate and magnese  Ing  Ing  Potassium (as potassium citrate)  Ing  Ing  Phosper (as copper gluconate)  Ing  Potassium (as potassium citrate and dioxinate)  Ing  Potassium (as potassium citrate)  Ing  Ing  Ing  Ing  Ing  Ing  Ing  In	Dietary Fiber	1 g	8%*
Sugars  Protein  Vitamin A (80% as betacarotene) (as beta-carotene and retinyl palmitate)  Vitamin C (as ascorbic acid)  Vitamin D (as cholecalciferol)  Vitamin E (as d-alpha tocopheryl acetate)  Thiamin (as thiamin HCl)  Riboflavin  Vitamin B <sub>6</sub> (as pyridoxine HCl)  Folate (as calcium L-5-methyltetrahydrofolate)  Vitamin B <sub>12</sub> (as methylcobalamin)  Biotin  135 mcg  Pantothenic Acid (as D-calcium pantothenate)  Calcium (as calcium citrate and dicalcium phosphate)  Iron  D.5 mg  Phosphorus (as dijotassium phosphate)  Iodine (as potassium iodide)  Magnesium (as magnesium citrate and magnesium citrate and magnese 1 mg  Long 1230  Magnese  1 mg  111%  Manganese  1 mg  143%  Potassium (as optassium citrate and dipotassium phosphate)  Sodium  Potassium (as chromium picolinate)  Sodium  Potassium (as potassium citrate and dipotassium phosphate)  Inon  Copper (as copper gluconate)  Sodium  Potassium (as potassium citrate and dipotassium phosphate)  Sodium  Potassium (as potassium citrate and dipotassium phosphate)  Sodium  Potassium (as potassium citrate and dipotassium citrate and dipotassium phosphate)  Sodium  Potassium (as potassium citrate and dipotassium citrate and cipotassium citrate and dipotassium citrate and cipotassium cipotasium	Total Sugars	8 g	
Vitamin A (80% as beta-carotene) (as beta-carotene and retinyl palmitate)  Vitamin C (as ascorbic acid)  Vitamin D (as	_		12%*
carotene) (as beta-carotene and retinyl palmitate)  Vitamin C (as ascorbic acid)  Vitamin D (as cholecalciferol)  Vitamin E (as d-alpha tocopheryl acetate)  Thiamin (as thiamin HCl)  Riboflavin  Vitamin B <sub>12</sub> (as pyridoxine (as calcium L-5-methyltetrahydrofolate)  Vitamin B <sub>12</sub> (as methylcobalamin)  Biotin  Pantothenic Acid (as D-calcium pantothenate)  Calcium (as calcium citrate and dicalcium phosphate)  Iron  Phosphorus (as dipotassium plosphate)  Iodine (as potassium iodide)  Magnesium (as magnesium citrate and magnese 1 mg  Manganese  Glycine  Glycine  1.6 g  **  1.500 mcg  133%  187	Protein	10 g	
acid)  Vitamin D (as cholecalciferol)  Vitamin E (as d-alpha tocopheryl acetate)  Thiamin (as thiamin HCl)  Riboflavin  Niacin (as niacinamide)  Vitamin B <sub>6</sub> (as pyridoxine HCl)  Folate (as calcium L-5-methyltetrahydrofolate)  Vitamin B <sub>12</sub> (as methylcobalamin)  Biotin  135 mcg  Pantothenic Acid (as D-calcium pantothenate)  Calcium (as calcium citrate and dicalcium phosphate)  Iron  0.5 mg  Magnesium (as magnesium citrate and magnesium sulfate)  Zinc (as zinc gluconate)  Copper (as copper gluconate)  Chromium (as chromium picolinate)  Sodium  Potassium (as potassium citrate and dipotassium phosphate)  I mg  Chromium (as chromium picolinate)  Sodium  Potassium (as potassium citrate and dipotassium foom gluconate)  Calcium (as potassium citrate and magnesium citrate and magnesium sulfate)  Zinc (as zinc gluconate)  Copper (as copper gluconate)  Chromium (as chromium picolinate)  Sodium  Potassium (as potassium citrate and dipotassium foom gluconate)  Sodium  Potassium (as potassium citrate and dipotassium phosphate)  Glycine  1.6 g  **	carotene) (as beta-carotene and	1,500 mcg	167%
cholecalciferol) IU) 4%  Vitamin E (as d-alpha tocopheryl acetate) 28.1 mg 187%  Thiamin (as thiamin HCl) 2 mg 167%  Riboflavin 2 mg 154%  Niacin (as niacinamide) 9.4 mg 59%  Vitamin B <sub>6</sub> (as pyridoxine HCl) 3.4 mg 200%  Folate (as calcium L-5- methyltetrahydrofolate)†  Vitamin B <sub>12</sub> (as methylcobalamin) 3.6 mcg 150%  Biotin 135 mcg 450%  Pantothenic Acid (as D-calcium pantothenate) 210 mg 18%  Iron 0.5 mg 3%  Phosphorus (as dipotassium phosphate and dicalcium phosphate) lodine (as potassium phosphate) lodine (as potassium foidide) 33 mcg 35%  Magnesium (as magnesium citrate and magnesium citrate and magnesium 230 mg 24% dicalcium phosphate) lodine (as copper gluconate) 10 mg 91%  Copper (as copper gluconate) 10 mg 91%  Copper (as copper gluconate) 1 mg 111%  Manganese 1 mg 43%  Chromium (as chromium picolinate) 50 mcg 143%  Potassium (as potassium citrate and dipotassium foom gloom gloo	•	300 mg	333%
tocopheryl acetate)  Thiamin (as thiamin HCl) 2 mg 167% Riboflavin 2 mg 154%  Niacin (as niacinamide) 9.4 mg 59%  Vitamin B <sub>6</sub> (as pyridoxine HCl)  Folate (as calcium L-5-methyltetrahydrofolate)†  Vitamin B <sub>12</sub> (as methylcobalamin) 3.6 mcg 150%  Biotin 135 mcg 450%  Pantothenic Acid (as D-calcium pantothenate) 36 mg 720%  Calcium (as calcium citrate and dicalcium phosphate) 170 mg 18%  Iron 0.5 mg 3%  Phosphorus (as dipotassium phosphate) 18%  Iron 0.5 mg 3%  Phosphorus (as dipotassium phosphate) 10dine (as potassium phosphate) 10dine (as potassium phosphate) 10dine (as captasium citrate and magnesium 230 mg 24%  Magnesium (as magnesium citrate and magnesium 230 mg 55%  Sulfate) 210 mg 111%  Magnesium (as magnesium citrate and magnesium 230 mg 55%  Sulfate) 210 mg 111%  Copper (as copper gluconate) 10 mg 91%  Copper (as copper gluconate) 1 mg 111%  Manganese 1 mg 43%  Chromium (as chromium picolinate) 50 mcg 143%  Potassium (as potassium citrate and dipotassium 750 mg 16%  Potassium (as potassium citrate and dipotassium phosphate)  Glycine 1.6 g **			4%
Riboflavin 2 mg 154% Niacin (as niacinamide) 9.4 mg 59% Vitamin B <sub>6</sub> (as pyridoxine HCl) 3.4 mg 200% Folate (as calcium L-5-methyltetrahydrofolate)† Vitamin B <sub>12</sub> (as methylcobalamin) 3.6 mcg 150% Biotin 135 mcg 450% Pantothenic Acid (as D-calcium pantothenate) 36 mg 720% Calcium (as calcium citrate and dicalcium phosphate) Iron 0.5 mg 3% Phosphorus (as dijotassium phosphate) 10dine (as potassium iodide) Magnesium (as magnesium citrate and magnesium 230 mg 24% Copper (as copper gluconate) 10 mg 91% Copper (as copper gluconate) 1 mg 111% Manganese 1 mg 43% Chromium (as chromium picolinate) 100 mg 4% Potassium (as potassium citrate and dipotassium 100 mg 4% Potassium (as potassium citrate and dipotassium 100 mg 4% Potassium (as potassium citrate and dipotassium 750 mg 16% Potassium (as potassium citrate and dipotassium 750 mg 16% Blycine 1.6 g **		28.1 mg	187%
Niacin (as niacinamide) 9.4 mg 59%  Vitamin B <sub>6</sub> (as pyridoxine HCl) 3.4 mg 200%  Folate (as calcium L-5-methyltetrahydrofolate)†  Vitamin B <sub>12</sub> (as methylcobalamin) 3.6 mcg 150%  Biotin 135 mcg 450%  Pantothenic Acid (as D-calcium pantothenate) 36 mg 720%  Calcium (as calcium citrate and dicalcium phosphate) 170 mg 18%  Phosphorus (as dijotassium phosphate) 18 mcg 35%  Magnesium (as magnesium citrate and magnesium 230 mg 24%  Copper (as copper gluconate) 10 mg 91%  Copper (as copper gluconate) 1 mg 111%  Manganese 1 mg 43%  Chromium (as chromium picolinate) 100 mg 4%  Potassium (as potassium citrate and dipotassium 100 mg 4%  Potassium (as potassium citrate and dipotassium 100 mg 4%  Potassium (as potassium citrate and dipotassium 750 mg 16%  Blycine 1.6 g **	Thiamin (as thiamin HCI)	2 mg	167%
Vitamin B <sub>6</sub> (as pyridoxine HCI)  Folate (as calcium L-5- methyltetrahydrofolate)†  Vitamin B <sub>12</sub> (as methylcobalamin)  Biotin  Biotin Biotin  Biotin  Biotin  Biotin  Biotin	Riboflavin	2 mg	154%
HCI   S.4 mg   200%	Niacin (as niacinamide)	9.4 mg	59%
(as calcium L-5-methyltetrahydrofolate)†         135 mcg DFE         34%           Vitamin B <sub>12</sub> (as methylcobalamin)         3.6 mcg         150%           Biotin         135 mcg         450%           Pantothenic Acid (as D-calcium pantothenate)         36 mg         720%           Calcium (as calcium citrate and dicalcium phosphate)         210 mg         18%           Iron         0.5 mg         3%           Phosphorus (as dipotassium phosphate and dipotassium phosphate)         300 mg         24%           Iodine (as potassium iodide)         53 mcg         35%           Magnesium (as magnesium citrate and magnesium sulfate)         230 mg         55%           Zinc (as zinc gluconate)         10 mg         91%           Copper (as copper gluconate)         1 mg         111%           Manganese         1 mg         43%           Chromium (as chromium picolinate)         50 mcg         143%           Sodium         100 mg         4%           Potassium (as potassium citrate and dipotassium phosphate)         750 mg         16%           Glycine         1.6 g         **		3.4 mg	200%
methylcobalamin)  Biotin 135 mcg 450%  Pantothenic Acid (as D-calcium pantothenate)  Calcium (as calcium citrate and dicalcium phosphate)  Iron 0.5 mg 3%  Phosphorus (as dipotassium phosphate and dicalcium phosphate)  Iodine (as potassium iodide)  Magnesium (as magnesium citrate and magnesium citrate and magnesium sulfate)  Zinc (as zinc gluconate) 10 mg 91%  Copper (as copper gluconate) 1 mg 111%  Magnanese 1 mg 43%  Chromium (as chromium picolinate)  Sodium 100 mg 4%  Potassium (as potassium citrate and dipotassium citrate and dipotassium citrate and dipotassium citrate and dipotassium 750 mg 16%  Biotin 135 mcg 450%  Table 1210 mg 111%	(as calcium L-5-		34%
Pantothenic Acid (as D-calcium pantothenate)  Calcium (as calcium citrate and dicalcium phosphate)  Iron  0.5 mg  Phosphorus (as dipotassium phosphate and dipotassium phosphate and dipotassium phosphate)  Iodine (as potassium oidide)  Magnesium (as magnesium citrate and magnesium sulfate)  Zinc (as zinc gluconate)  Copper (as copper gluconate)  Manganese  1 mg  111%  Chromium (as chromium picolinate)  Sodium  100 mg  Potassium (as potassium oidide)  Sodium  Potassium (as potassium oidide)  10 mg  111%  118%  119%  119%  110 mg		3.6 mcg	150%
calcium pantothenate)  Calcium (as calcium citrate and dicalcium phosphate)  Iron  0.5 mg  Phosphorus (as dipotassium phosphate and dipotassium phosphate and dipotassium phosphate)  Iodine (as potassium iodide)  Magnesium (as magnesium citrate and magnesium 230 mg  Silfate)  Zinc (as zinc gluconate)  Copper (as copper gluconate)  Manganese  1 mg  111%  Manganese  1 mg  43%  Chromium (as chromium picolinate)  Sodium  100 mg  4%  Potassium (as potassium citrate and dipotassium phosphate)  Glycine  1.6 g  **	Biotin	135 mcg	450%
and dicalcium phosphate)  Iron 0.5 mg 3%  Phosphorus (as dipotassium phosphate and 300 mg dicalcium phosphate)  Iodine (as potassium iodide)  Magnesium (as magnesium citrate and magnesium sulfate)  Zinc (as zinc gluconate) 10 mg 91%  Copper (as copper gluconate) 1 mg 111%  Manganese 1 mg 43%  Chromium (as chromium picolinate) 50 mcg 143%  Potassium (as potassium citrate and dipotassium phosphate)  Glycine 1.6 g **		36 mg	720%
Phosphorus (as dipotassium phosphate and 300 mg dicalcium phosphate)  Iodine (as potassium iodide)  Magnesium (as magnesium citrate and magnesium sulfate)  Zinc (as zinc gluconate)  Zinc (as zinc gluconate)  Tomper (as copper gluconate)  Manganese  Tomper (as copper gluconate)  Tomper (as co		210 mg	18%
dipotassium phosphate and dicalcium phosphate)  lodine (as potassium iodide)  Magnesium (as magnesium citrate and magnesium sulfate)  Zinc (as zinc gluconate)  Zinc (as zopper gluconate)  Manganese  1 mg  Chromium (as chromium picolinate)  Sodium  Potassium (as potassium citrate and dipotassium phosphate)  Glycine  230 mg  55%  sulfate)  10 mg  91%  111%  111%  111%  1143%  100 mg  43%  100 mg  44%  100 mg  16%  16%	Iron	0.5 mg	3%
iodide)  Magnesium (as magnesium citrate and magnesium sulfate)  Zinc (as zinc gluconate)  Copper (as copper gluconate)  The magnese  1 mg  111%  Manganese  1 mg  43%  Chromium (as chromium picolinate)  Sodium  100 mg  4%  Potassium (as potassium citrate and dipotassium phosphate)  Glycine  33 mcg  10 mg  91%  111%  110 mg  43%  143%  50 mcg  143%  16%  16%	dipotassium phosphate and	300 mg	24%
citrate and magnesium sulfate)       230 mg       55%         Zinc (as zinc gluconate)       10 mg       91%         Copper (as copper gluconate)       1 mg       111%         Manganese       1 mg       43%         Chromium (as chromium picolinate)       50 mcg       143%         Sodium       100 mg       4%         Potassium (as potassium citrate and dipotassium phosphate)       750 mg       16%         Glycine       1.6 g       **		53 mcg	35%
Copper (as copper gluconate)  Manganese  1 mg  43%  Chromium (as chromium joicolinate)  Sodium  Potassium (as potassium citrate and dipotassium phosphate)  Glycine  1 mg  111%  143%  100 mg  4%  750 mg  16%  **	citrate and magnesium	230 mg	55%
Sodium	Zinc (as zinc gluconate)	10 mg	91%
Chromium (as chromium picolinate)  Sodium  100 mg  4%  Potassium (as potassium citrate and dipotassium phosphate)  Glycine  1.6 g  **		1 mg	111%
picolinate) 50 mcg 143%  Sodium 100 mg 4%  Potassium (as potassium citrate and dipotassium phosphate) 1.6 g **	Manganese	1 mg	43%
Potassium (as potassium citrate and dipotassium phosphate)  Glycine  750 mg 16% 16%		50 mcg	143%
citrate and dipotassium phosphate)  Glycine  750 mg 16%  1.6 g  **	Sodium	100 mg	4%
diyelle 1.0 g	citrate and dipotassium	750 mg	16%
L-Lysine (as L-lysine HCI) 505 mg **	Glycine	1.6 g	**
	L-Lysine (as L-lysine HCl)	505 mg	**

L-Threonine	285 mg	**
L-Alanine	235 mg	**
DL-Methionine	170 mg	**
L-Glutamine	100 mg	**
L-Cysteine (as L-cysteine HCI)	85 mg	**
Sulfate (as magnesium sulfate)	20 mg	**
Decaffeinated <sup>††</sup> Green Tea (Camellia sinensis) Leaf Extract [standardized to 60% (15 mg) catechins and 40% (10 mg) epigallocatechingallate (EGCG)]	25 mg	**

**Amount** 

Daily

## **AdvaClear**

Ingredient

ingredient	Amount	Value
Serving Size:	2 Capsules <sup>†</sup>	
Servings Per Container:	21	
Vitamin A (from mixed carotenoids†† and retinyl palmitate)	750 mcg	83%
Vitamin C (as ascorbic acid)	133 mg	148%
Vitamin D (as cholecalciferol)	0.8 mcg (33 IU)	4%
Vitamin E (as d-alpha tocopheryl succinate)	44.6 mg	297%
Thiamin (as thiamin mononitrate)	10 mg	833%
Riboflavin	5 mg	385%
Niacin (as niacinamide and niacin)	23.3 mg	146%
Vitamin $B_6$ (as pyridoxine HCI)	16.66 mg	980%
Folate (as calcium L-5- methyltetrahydrofolate)***	445 mcg DFE	111%
Vitamin B <sub>12</sub> (as methylcobalamin)	33.4 mcg	1,392%
Biotin	66 mcg	220%
Pantothenic Acid (as D-calcium pantothenate)	33.3 mg	666%
Zinc (as zinc citrate)	6.5 mg	59%
Selenium (as selenomethionine)	50 mcg	91%
Copper (as copper citrate)	0.66 mg	73%
Manganese (as manganese citrate)	1.66 mg	72%
Molybdenum (as molybdenum aspartate complex)	66 mcg	147%
Sodium (as sodium sulfate)	40 mg	2%
Artichoke ( <i>Cynara</i> scolymus) Leaf Extract (containing cynarin and chlorogenic acid)	167 mg	*
Watercress ( <i>Nasturtium</i> officinale) Aerial Parts 4:1 Extract	133 mg	*
Taurine	117 mg	*
Sodium Sulfate	100 mg	*

Pomegranate (Punica granatum L.) Whole Fruit Extract [standardized to 45.8 mg gallic acid equivalent (GAE)]	87.5 mg	*
N-Acetyl-L-Cysteine	67 mg	*
Decaffeinated <sup>†</sup> Green Tea (Camellia sinensis) Leaf Extract and 40% (22.4 mg) epigallocatechin gallate (EGCG)] [standardized to 60% (33.6 mg) catechins	56 mg	*
Silymarin from milk thistle ( <i>Silybum</i> <i>marianum</i> ) seed extract]	50 mg	*

#### UltraClear Plus pH Pineapple Banana

**Other Ingredients:** Rice protein concentrate, rice syrup solids, sesame seed oil, natural flavors<sup>††</sup>, medium chain triglycerides, silica, and rice maltodextrin.

**Directions:** Shake canister before scooping. Blend, shake, or briskly stir about 2 level scoops (46 grams) of UltraClear Plus pH into 8 fluid ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to  $\frac{1}{2}$  to 1 scoop with 4 to 5 ounces of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

**Warning:** Excess vitamin A intake may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl palmitate) per day unless directed to do so by a healthcare practitioner. Keep out of the reach of children

**Caution:** Do not use if you are pregnant or nursing, you have hyperkalemia or abnormal kidney function, or you are taking ACE inhibitors, angiotensin receptor blockers (ARBs), or potassium sparing diuretics. If taking other medication, consult your healthcare practitioner before use. Keep out of the reach of children.

### This product is non-GMO & gluten free.

**Tamper Evident:** Do not use if safety seal is missing or broken.

 $\textbf{Storage:} \ \mathsf{Keep} \ \mathsf{tightly} \ \mathsf{closed} \ \mathsf{in} \ \mathsf{a} \ \mathsf{cool}, \ \mathsf{dry} \ \mathsf{place}.$ 

\*Percent Daily Values are based on a 2,000 calorie diet

\*\*Daily Value not established.

<sup>†</sup> As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany.

"Contains no more than 4% caffeine.

\*\*\*No MSG.

# AdvaClear

# Other Ingredients: Capsule

(hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

**Directions:** Take two capsules once daily or as directed by your healthcare practitioner.



# This product is non-GMO and gluten-free.

**Warning:** Excess vitamin A intake may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A (retinyl palmitate) per day.

**Caution:** If pregnant or nursing, or taking medications, consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

\*Daily Value not established.

†Vegetarian capsule

"Betatene® mixed carotenoids.

\*\*\*As Metafolin\*\*. Metafolin\*\* is a registered trademark of Merck KGaA, Darmstadt Germany. U.S. Patent Nos. 5,997,915; 6,254,904.

<sup>‡</sup>Contains no more than 4% caffeine.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to <a href="https://www.P65warnings.ca.gov/food">www.P65warnings.ca.gov/food</a>