



Fem EstroPlex®

Early Menopausal Support*

Form: Tablets Flavor: no flavor Size: 90 Tablets

Fem EstroPlex* is designed to provide important nutrients for the woman who experiences early menopause. The formula features quality extracts of traditionally used herbs and the antioxidant vitamins C and E to provide multiple levels of support during menopause.*

Some unique features include:*

- Nutrients that support the adrenal glands' adaptive response.
- Cardiovascular support from vitamin E.
- Additional support from valerian, motherwort, and vitamin B₆—a factor in the metabolism of some neurotransmitters.

Ingredients	Amount Per Packet	% Daily Value
Serving Size	3 Tablets	
Servings Per Container	30	
Total Carbohydrates	<1 g	<1%*
Dietary Fiber	<1 g	3%*
Vitamin C (as ascorbic acid)	300 mg	333%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg	447%
Vitamin B ₆ (as pyridoxine HCI)	50 mg	2,941%
Pantothenic Acid (as D- calcium pantothenate)	300 mg	6,000%
Rutin	800 mg	*
A Proprietary Herbal Extract Blend of:	1,050 mg	*
Dandelion (<i>Taraxacum</i> officinale) Aerial Parts and Roots 4.5:1 Extract,		
Chasteberry (<i>Vitex</i> agnus-castus) Fruit Extract,		
Valerian (<i>Valeriana</i> officinalis) Root Extract,		
Motherwort (<i>Leonurus</i> cardiaca) Aerial Parts 4:1 Extract		
Stinging Nettle (<i>Urtica dioica</i>) Root 10:1 Extract		

Ingredients: Microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

Directions: Take three tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

Tamper Evident: Do not use if safety seal is missing or broken.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.