



## Mag Citrate™

### Healthy Muscle Function\*

**Form:** Tablets

**Flavor:** no flavor

**Size:** 120 Tablets

**Mag Citrate™** is a blend of magnesium citrate and calcium citrate that provides nutritional support for healthy muscle function.\* Magnesium is a cofactor in many enzymatic reactions. It also plays a role in bone health.\*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	3 Tablets	
Servings Per Container	40	
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	3%*
Calcium (as calcium citrate)	60 mg	5%
Magnesium (as magnesium citrate)	300 mg	71%

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take three tablets once daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Warning:** If loose stools occur, stop use and notify your healthcare practitioner

**Caution:** Consult your healthcare practitioner if taking other nutritional supplements or medications. Keep out of the reach of children.

**Tamper Evident:** Do not use if safety seal is missing or broken.

**Storage:** Keep tightly closed in a cool, dry place.

\*Percent Daily Values are based on a 2,000 calorie diet.