



MetaGlycemX™

Advanced Nutritional Support for Healthy Insulin & Glucose Metabolism*

Form: Tablets

Flavor: no flavor

Size: 60 Tablets

MetaGlycemX™ features a unique combination of green tea extract, cinnamon, and alpha-lipoic acid, nutrients that support healthy insulin metabolism when used as part of a healthy diet for maintaining healthy blood sugar levels already in the normal range. Green tea contains epigallocatechin gallate (EGCG), which may support healthy glucose metabolism. Alpha lipoic acid is a potent antioxidant that acts as a free radical scavenger. MetaGlycemX also features other key supportive nutrients—including methylcobalamin, biotin, chromium, and vitamins C and E—combined in a well-rounded formula.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Tablets	
Servings Per Container	30	
Vitamin C (as ascorbic acid)	300 mg	333%
Vitamin D (as cholecalciferol)	5 mcg (200 IU)	25%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg	893%
Thiamin (as thiamin mononitrate)	15 mg	1,250%
Riboflavin	9 mg	692%
Niacin (as niacinamide)	90 mg	563%
Vitamin B ₆ (as pyridoxine HCl)	9 mg	529%
Folate (as calcium L-5-methyltetrahydrofolate) [†]	680 mcg DFE	170%
Vitamin B ₁₂ (as methylcobalamin)	150 mcg	6,250%
Biotin	2,000 mcg	6,667%
Pantothenic Acid (as D-calcium pantothenate)	30 mg	600%
Zinc (as zinc citrate)	9 mg	82%
Selenium (as selenomethionine)	90 mcg	164%
Copper (as copper lysinate HCl)	0.75 mg	83%
Manganese (as manganese citrate)	1.2 mg	52%
Chromium (as chromium polynicotinate)	600 mcg	1,714%
Chinese Cinnamon (<i>Cinnamomum cassia</i>) Bark Powder	500 mg	*
Taurine	300 mg	*

Decaffeinated Green Tea (*Camellia sinensis*) Leaf Extract [standardized to 60% (100 mg) catechins and 40% (67 mg) epigallocatechingallate (EGCG)]

Alpha-Lipoic Acid	100 mg	*
L-Carnosine	50 mg	*

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Caution: If pregnant or nursing, or taking medications, consult your healthcare practitioner before use. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

[†]Daily Value not established.

[†]Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

^{††}Contains no more than 4% caffeine.