



MethylCare®

Support for Healthy Methylation & Homocysteine Metabolism*

Form: Capsules

Flavor: no flavor

Size: 120 Capsules

MethylCare® is a comprehensive formula that features calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate—along with N-acetyl-L-cysteine, vitamins B₆ and methylated B₁₂, and betaine HCl. Together, these nutrients support methylation, which promotes healthy homocysteine metabolism.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Capsules [†]	
Servings Per Container	60	
Riboflavin	1.6 mg	123%
Vitamin B ₆ (as pyridoxine HCl)	25 mg	1,471%
Folate (as calcium L-5-methyltetrahydrofolate) ^{††}	1,330 mcg DFE	333%
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	41,667%
Zinc (as zinc citrate)	1.5 mg	14%
Manganese (as manganese citrate)	0.4 mg	17%
Molybdenum (as molybdenum glycinate)	15 mcg	33%
N-Acetyl-L-Cysteine	600 mg	**
Betaine HCl	500 mg	**

Other Ingredients: Capsule (hydroxypropylmethylcellulose), silicified microcrystalline cellulose, stearic acid (vegetable), magnesium stearate (vegetable), and silica.

Directions: Take 2 capsules once daily, or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Caution: If pregnant or nursing, or taking medications, please consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

[†]Vegetarian capsules.

^{††}As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

**Daily Value not established.