



## PhytoMulti®

### Practitioner-grade daily multivitamin

**Form:** Tablets  
**Flavor:** no flavor  
**Size:** 120 Tablets

**PhytoMulti®** is a patented formula of high-quality essential vitamins and minerals enhanced with a proprietary blend of 13 concentrated extracts and phytonutrients designed to promote healthy aging.\*

- Scientifically tested to support cellular health and overall wellness\*
- Includes diverse phytonutrients found in a healthy Mediterranean diet
- Helps support healthy functioning in key body systems\*

Ingredient	Amount Per Serving	% Daily Value
Serving Size	2 Tablets	
Servings Per Container	60	
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	2%*
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	3,000 mcg	333%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg	133%
Vitamin D (as cholecalciferol)	1000 IU	125%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg	447%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	25 mg	2,083%
Riboflavin	15 mg	1,154%
Niacin (as niacinamide and niacin)	50 mg	313%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	25 mg	1,471%
Folate (as calcium L-5-methyltetrahydrofolate) <sup>†</sup>	1,360 mcg DFE	340%
Vitamin B <sub>12</sub> (as methylcobalamin)	200 mcg	8,333%
Biotin	500 mcg	1,667%
Pantothenic Acid (as calcium D-pantothenate)	75 mg	1,500%
Choline (as choline bitartrate)	25 mg	5%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	40 mg	10%
Zinc (as zinc citrate)	15 mg	136%
Selenium (as selenium aspartate)	100 mcg	182%
Copper (as copper citrate)	1 mg	111%

Manganese (as manganese citrate)	0.5 mg	22%
Chromium (as chromium polynicotinate)	.200 mc	571%
Molybdenum (as molybdenum aspartate complex)	50 mcg	111%
Proprietary Phytonutrient Blend of: Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry (Vaccinium spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]	400 mg	**
Myo-Inositol	25 mg	**

Resveratrol (from Polygonum cuspidatum root extract)	10 mg	**
Lutein	6 mg	**
Lycopene	6 mg	**
Zeaxanthin	2 mg	**

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].

**Directions:** Take one to two tablets once daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Warning:** Do not use if pregnant or nursing. Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A per day.

**Caution:** If you are taking medication, or other nutritional supplements consult your healthcare practitioner before use. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

<sup>†</sup>As Metafolin®, Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany