



UltraMeal® Advanced Protein Medical Food

Support for the Nutritional Management of Sarcopenia

Form: Powder

Flavor: Chocolate

Size: 14 Servings

UltraMeal Advanced Protein® is a medical food specially formulated to support the nutritional management of sarcopenia. This advanced formula features essential amino acids, including added leucine, to support the healthy aging of skeletal muscle and to help address sarcopenia, the age-associated loss of skeletal muscle mass.

Each serving provides 21 g of protein from a proprietary blend of pea and rice and amino acids. 10 g (of the total protein) consist of essential amino acids including 5 g of BCAA, which, combined with exercise, may help support muscle maintenance.

Cocoa polyphenols support processes that contribute to healthy blood flow and vascular function.

Additionally UltraMeal Advanced Protein contains 20+ essential vitamins and minerals—including calcium L-5-methyltetrahydrofolate (L-5-MTHF, a body-ready folate), methylcobalamin (vitamin B₁₂)—to support protein synthesis and healthy metabolic function.

Ingredient	Amount Per Serving				
Information per Serving:					
Serving Size	About 2 Scoops (42g)	L-Isoleucine (BCAA)**	1,300 mg	Folate (as calcium L-5-methyltetrahydrofolate) ^{††}	310 mcg DFE 80%
Servings per Container	14	L-Leucine (BCAA)**	2,420 mg	Vitamin B ₁₂ (as methylcobalamin)	1.5 mcg 60%
Calories	140	L-Lysine** (as L-lysine HCl)	1,420 mg	Biotin	75 mcg 250%
Total Fat	5 g	L-Methionine**	230 mg	Pantothenic Acid	2.5 mg 50%
Saturated Fat	1 g	L-Phenylalanine**	940 mg	Phosphorus	240 mg 20%
Trans Fat	0 g	L-Proline ***	770 mg	Iodine	37 mcg 25%
Polyunsaturated Fat	1.5 g	L-Serine***	900 mg	Magnesium	150 mg 35%
Monounsaturated Fat	3 g	L-Threonine**	1,560 mg	Zinc	11.2 mg 100%
Cholesterol	0 mg	L-Tryptophan**	180 mg	Selenium	52 mcg 90%
Sodium	180 mg	L-Tyrosine***	700 mg	Copper	1.5 mg 170%
Total Carbohydrate	10 g	L-Valine (BCAA)**	1,360 mg	Manganese	1.5 mg 70%
Dietary Fiber	6 g	Percentage of Reference Daily Intakes (RDI)			
Total Sugars	2 g	Each Serving Contains:			
Includes 1g Added Sugars		Vitamin D ₃ (as cholecalciferol)	10 mcg (400 IU) 50%	Chromium	120 mcg 340%
Protein	17 g [†]	Calcium	70 mg 6%	Chloride	220 mg 10%
Typical Amino Acid Profile per Serving*		Iron	6 mg 30%	Total Polyphenols (from cocoa beans)	100 mg ^{†††}
Amino Acid	mg/Serving	Potassium	270mg 6%	Ingredients: Pea protein isolate, rice protein concentrate, oat hull fiber, olive oil, organic cocoa powder (processed with alkali), ^ ^ magnesium citrate, natural flavors, ^ L-leucine, dextrose, cocoa powder, L-threonine, silica, gum acacia, L-isoleucine, L-valine, L-lysine HCl, guar gum, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, calcium D-pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin), xanthan gum, and Luo Han Guo	
L-Alanine	790 mg	Vitamin A	370 mcg 40%		
L-Arginine***	1,520 mg	Vitamin C	30 mg 35%		
L-Aspartic Acid	1,920 mg	Vitamin E	5 mg 35%		
L-Cystine (Cysteine)***	210 mg	Thiamin	0.37 mg 30%		
L-Glutamic Acid	2,910 mg	Riboflavin	0.42 mg 30%		
Glycine***	720 mg	Niacin	7.7 mg 50%		
L-Histidine**	430 mg	Vitamin B ₆	0.5 mg 30%		



fruit (monk fruit) extract

Directions: Take one serving one to two times daily, or as directed by your healthcare practitioner. Blend, shake, or briskly stir 2 scoops (42 g) into 8-10 ounces of chilled water.

NOTICE: THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A PHYSICIAN OR OTHER LICENSED HEALTHCARE PRACTITIONER. DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

This product is non-GMO and gluten-free.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place. Keep out of reach of children.

^No MSG

^^Cocoa Horizons Foundation Verified

* Contributed by pea protein, added amino acids, rice protein, and cocoa powder

** Essential amino acid

*** Conditionally essential amino acid

† 20 g total protein including added amino acids: L-leucine, L-threonine, L-isoleucine, L-valine, and L-lysine

†† As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

†††Daily value not established.