



UltraMeal Cardio 360°™ Pea/Rice Protein Medical Food

Support for the Nutritional Management of Dyslipidemia

Form: Powder

Flavor: Chocolate

Size: 14 Servings

UltraMeal Cardio 360°™ is a medical food formulated to provide specialized nutritional support within a nutritional management program for dyslipidemia by supplying a combination of phytosterols, bioavailable xanthohumol from hops (XNT ProMatrix®), beneficial macronutrient profile, 5 g of prebiotic isomalto-oligosaccharides, antioxidant nutrients (vitamins C and E), and a proprietary pea/rice protein base with added amino acids. As part of a heart healthy eating plan the addition of 1.8 g/day of plant sterols/stanols has been shown to lead to beneficial changes in LDL cholesterol in individuals with hypercholesterolemia.

Ingredients	Amount Per Serving	% Daily Value					
Information per Serving:			L-Proline***	570 mg		Manganese	2 mg 87%
Serving Size	2 Scoops (39 g)		L-Serine***	660 mg		Chromium	120 mcg 343%
Servings per Container	14		L-Threonine**	490 mg		Chloride	220 mg 10%
Calories	110		L-Tryptophan**	130 mg		Plant Sterols†† (including 700 mg beta-sitosterol)	900 mg †
Total Fat	5 g		L-Tyrosine***	510 mg		Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg †
Saturated Fat	1 g		L-Valine (BCAA)**	1,140 mg		Rice Protein Matrix and Polyphenols from Hops (<i>Humulus lupulus</i> L.) Cone Extract (standardized to 2.5% xanthohumol)	250 mg †
Trans Fat	0 g		Percentage of Reference Daily Intakes (RDI)				
Polyunsaturated Fat	1 g		Each Serving Contains:		Amount Per Serving	% RDI	
Monounsaturated Fat	2.5 g		Vitamin D ₃ (as cholecalciferol)	10 mcg (400 IU)	50%		Ingredients: Pea protein isolate, oat hull fiber, rice protein concentrate, organic cocoa powder (processed with alkali), ^ olive oil, flaxseed, natural flavors, ^^ L-lysine HCl, phytosterols, dextrose, L-leucine, silica, gum acacia, magnesium citrate, L-valine, guar gum, rice protein matrix and polyphenols from hops extract, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, calcium d-pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin), L-isoleucine, xanthan gum, dicalcium phosphate, and Luo Han Guo fruit (monk fruit) extract.
Cholesterol	0 mg		Calcium	150 mg	12%		Directions: Blend (for no longer than 15 seconds), shake, or briskly stir about 2 level scoops of UltraMeal Cardio 360° (39 g) into 8 ounces of chilled water twice daily, or as directed by your healthcare practitioner. Consume within 10 minutes of reconstitution. You may also blend with ice cubes and/or your favorite fruit.
Sodium	130 mg		Iron	4 mg	22%		THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A PHYSICIAN OR OTHER LICENSED HEALTHCARE PRACTITIONER. DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT
Total Carbohydrate	11 g		Potassium	250 mg	5%		
Dietary Fiber	7 g		Vitamin A (retinyl palmitate)	375 mcg	42%		
Total Sugars	2 g		Vitamin C	30 mg	33%		
Includes 1g Added Sugars			Vitamin E	5 mg	33%		
Protein	13 g†		Thiamin	0.375 mg	31%		
Typical Amino Acid Profile per Serving*			Riboflavin	0.425 mg	33%		
Amino Acid	mg/Serving		Niacin	5 mg	31%		
L-Alanine	580 mg		Vitamin B ₆	0.5 mg	29%		
L-Arginine***	1,130 mg		Folate (as calcium L-5-methyltetrahydrofolate)††	340 mcg DFE	85%		
L-Aspartic Acid	1,430 mg		Vitamin B ₁₂ (as methylcobalamin)	3 mcg	125%		
L-Cystine (Cysteine)***	150 mg		Biotin	75 mcg	250%		
L-Glutamic Acid	2,150 mg		Pantothenic Acid	2.5 mg	50%		
Glycine***	530 mg		Phosphorus	300 mg	24%		
L-Histidine**	320 mg		Iodine	37.5 mcg	25%		
L-Isoleucine (BCAA)**	800 mg		Magnesium	90 mg	21%		
L-Leucine (BCAA)**	1,800 mg		Zinc	13 mg	118%		
L-Lysine**	1,800 mg		Selenium	52.5 mcg	95%		
L-Methionine**	160 mg		Copper	2 mg	222%		
L-Phenylalanine**	700 mg						



MEDICAL SUPERVISION.

This product is non-GMO and gluten-free.

Caution: This medical food has not been studied in children and pregnant or nursing women. If taking medication, consult your healthcare practitioner before use. For adult use only. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

^Cocoa Horizons Foundation Verified

^^No MSG

* Contributed by pea protein, rice protein, added amino acids, and cocoa powder

**Essential amino acid

***Conditionally essential amino acid

[†]15 g total protein with added amino acids: L-leucine, L-isoleucine, L-lysine, and L-valine

^{††}As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

^{††}As Reducol®. Reducol® is a registered trademark of Pharmachem Laboratories

[†]Daily value not established