



## UltraMeal® Daily Support

### Nutritious Protein Drink Mix with Powerful Phytonutrients

**Form:** Powder

**Flavor:** Chocolate

**Size:** 14 Servings

**UltraMeal® Daily Support** is a nutritional drink mix featuring a blend of macronutrients (carbohydrates, protein, and fats), phytonutrients, and essential vitamins and minerals. This nutritional drink features:

- 15 g of a pea/rice protein blend
- Phytonutrient blend featuring 12 superfruits, greens, and herbs
- 4 g of prebiotic isomalto-oligosaccharides
- 25 essential vitamins and minerals for comprehensive nutritional support
- 150 mg of magnesium and 11 mg of zinc—two minerals often consumed below recommended levels
- 400 IU of vitamin D
- Satisfying snack or mini-meal

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Scoops (39g)	
Servings Per Container	14	
<b>Calories</b>	140	
<b>Total Fat</b>	6 g	8%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	3 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	140 mg	6%
<b>Total Carbohydrate</b>	11 g	4%
Dietary Fiber	7 g	25%
Sugars	2 g	
Includes	1 g Added Sugars	2%
<b>Protein</b>	15 g	30%
Vitamin D	10mcg (400 IU)	50%
Potassium	250 mg	6%
Vitamin E	5 mg	35%
Niacin	7.5 mg	47%
Vitamin B <sub>12</sub>	1.5 mcg	60%
Phosphorus	200 mg	15 %
Zinc	11.2 mg	100%
Manganese	1.5 mg	70%
Calcium	250 mg	20%
Vitamin A	370 mcg	40%
Thiamin	0.37 mg	30%
Vitamin B <sub>6</sub>	0.5 mg	30%
Biotin	75 mcg	250%
Iodine	37 mcg	25%
Selenium	52 mcg	90%

Chromium	120 mcg	340%
Iron	3 mg	15%
Vitamin C	100 mg	110%
Riboflavin	0.42 mg	30%
Folate	310 mcg DFE	80%
Panthothenic Acid	2.5 mg	50%
Magnesium	150 mg	35%
Copper	1.5 mg	170%
Chloride	110 mg	4%

**Ingredients:** pea protein isolate, rice protein concentrate, oat hull fiber, olive oil, natural flavors,<sup>†</sup> organic cocoa powder (processed with alkali),<sup>††</sup> phytonutrient blend [organic flax (linum usitatissimum) seed powder, organic inulin, organic beet (beta vulgaris) root powder, organic flavors, organic carrot (daucus carota) root powder, organic cranberry (vaccinium macrocarpon) fruit powder, organic raspberry (rubus idaeus) whole fruit powder, ascorbic acid, organic acacia gum, organic green tea (camellia sinensis) leaf powder extract, organic green bell pepper (capsicum annuum) fruit powder, organic acerola (malpighia glabra) fruit dry extract (on manioc starch), organic stevia (stevia rebaudiana) leaf extract, organic spinach (spinacia oleracea) leaf powder, organic blueberry (vaccinium spp.) whole fruit powder, and organic ginger (zingiber officinale) root powder], magnesium citrate, dextrose, silica, maltodextrin, gum acacia, vitamin mineral premix [zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, d-biotin, retinyl palmitate, niacinamide, cholecalciferol, calcium d-pantothenate, chromium picolinate, pyridoxine hydrochloride, riboflavin, potassium iodide, thiamin hydrochloride, calcium l-5-methyltetrahydrofolate<sup>†††</sup>, selenomethionine, and methylcobalamin], xanthan gum, and luo han guo fruit (monk fruit) extract.

**Directions:** Take one serving one to two times daily. Blend, shake, or briskly stir 2 scoops (39 g) of

UltraMeal Daily Support into 8-10 fluid ounces of chilled water.

**NOTICE: DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.**

**This product is non-GMO and gluten-free.**

**Caution:** Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

<sup>†</sup>No MSG

<sup>††</sup>Cocoa Horizons Foundation Verified

<sup>†††</sup>As Metafolin. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany