



UltraMeal® Rice

Nutritional Support for Healthy Body Composition

Form: Powder

Flavor: Chocolate

Size: 14 Servings

UltraMeal® Rice is formulated to nutritionally support a healthy body composition.

This nutritional drink features:

- 12 grams of rice protein: an easily digestible source of protein suitable for those who want to avoid soy and milk products.
- Essential vitamins and minerals, including high levels of B vitamins.
- Excellent non-dairy source of calcium (600 mg per serving).
- Calcium L-5-methyltetrahydrofolate (5-MTHF)—the biologically active form of folate.
- Convenient and great-tasting shake with 160 calories per serving.

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Scoops (48g)	
Servings Per Container	14	
Calories	170	Total Fat 51g 10%
Saturated Fat	1g	5%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	110 mg	5%
Total Carbohydrate	24g	9%
Dietary Fiber	4 g	14%
Total Sugars	16g	
Includes 12g Added Sugars		24%
Protein	13 g	26%
Vitamin D	1 mcg (40 IU)	5%
Potassium	450 mg	10%
Vitamin E	7.4 mg	49%
Niacin	12.6 mg	79%
Vitamin B ₁₂	30 mcg	1,250%
Phosphorus	600 mg	48%
Zinc	9 mg	82%
Chromium	100 mcg	286%
Calcium	600 mg	46%
Vitamin A	530 mcg	59%
Thiamin	0.8 mg	67%
Vitamin B ₆	25 mg	1,471%
Biotin	150 mcg	500%
Iodine	75 mcg	50%
Copper	1 mg	111%
Chloride	300 mg	13%
Iron	4.2 mg	23%
Vitamin C	60 mg	67%
Riboflavin	0.9 mg	69%
Folate	680 mcg DFE	170%
Pantothenic Acid	5 mg	100%
Magnesium	200 mg	48%
Manganese	2.4 mg	104%

oil, organic cocoa powder (processed with alkali),[†] natural flavors,^{††} dicalcium phosphate, rice syrup solids, magnesium citrate, partially hydrolyzed guar gum, potassium chloride, vitamin and mineral blend (ascorbic acid, zinc gluconate, pyridoxine hydrochloride, rice maltodextrin, d-alpha tocopheryl acetate, d-biotin, niacinamide, retinyl palmitate, copper gluconate, calcium d-pantothenate, methylcobalamin, thiamin hydrochloride, riboflavin, potassium iodide, chromium picolinate, calcium L-5-methyltetrahydrofolate,^{†††} and cholecalciferol), silica, L-lysine hydrochloride, and L-threonine.

Directions: Blend, shake, or briskly stir 2 level scoops (51 g) into 8 fluid ounces of chilled water twice daily, or as directed by your healthcare practitioner.

NOTICE: DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

This product is non-GMO and gluten-free.

Storage: Keep tightly closed in a cool, dry place.

Tamper Evident: Do not use if safety seal is missing or broken.

This product contains no high fructose corn syrup.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. Serving size is measured by weight with a scoop included for your convenience. The amount of product contained in 2 scoops may be above or below 51 grams due to variations in handling and product density.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

[†]Cocoa Horizons Foundation Verified

^{††}No MSG

^{†††}As Metafolin®, a registered trademark of Merck KGaA, Darmstadt, Germany.

Ingredients: Rice protein concentrate, fructose, olive