



## Wellness Essentials Brain Health

**Provides comprehensive support for cognitive function and brain health\***

**Form:** Array

**Flavor:**

**Size:** 30 Packets

Wellness Essentials Brain Health is formulated to target your unique nutritional needs to support brain health and overall wellness.\*

**Each once-daily packet provides:**

**Multifaceted health support:** PhytoMulti® features a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness.\*

**Cognitive health support:** Features Magnesium L-Threonate, designed to support cognitive health. Magnesium, a divalent cation, is important for neuronal activity as it binds to neurotransmitter receptors and is a co-factor for neuronal enzymes.\*

**Mitochondrial function support:** CoQ10 is essential for energy production by supporting mitochondrial function.\*

**Antioxidant activity and glucose metabolism support:** Features Meta-Lipoate® 300, a high quality alpha-lipoic acid which may protect tissues from free radicals, as well as support healthy glucose metabolism and cellular health.\*

**Cognitive and eye health:** OmegaGenics® Neuro 1000 features a concentrated, purified source of omega-3 fatty acids with 750mg DHA and 250mg EPA per softgel.\*

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