



Clear Change ® 10 Day Program with UltraClear ® Plus

Metabolic Detoxification Program With UltraClear® Plus

Form: Program

Flavor: Pineapple Banana

Size:

The Clear Change 10-Day Program featuring UltraClear Plus is designed to enhance the body's natural metabolic detoxification process while providing adequate fuel for both cleansing and other daily activities—providing energy and support for overall well-being. Many people benefit from completing a 10-day metabolic detoxification program two to three times a year.*

The 10-day program is ideal for anyone wanting to benefit from an occasional "Spring Cleaning" or somebody who eats a reasonably healthy diet, exercises regularly, and manages stress adequately. It is also ideal for individuals who scored <50 on the Metabolic Detoxification Questionnaire.*

This convenient 10-day program includes:

UltraClear Plus (Vanilla, Berry, or Pineapple Banana)—enhanced, specialized nutritional support for metabolic detoxification capacity, with a focus on Phase II support for balanced detoxification*

- Features a low-allergy-potential rice protein base and is designed to help nutritionally support the detoxification of potentially harmful compounds by the liver and reduce exposure to food allergens*
- Supports Phase I and II detoxification, delivering nutrients to help enhance activities of several liver detoxification enzymes and antioxidants to help support the clearance of reactive intermediary compounds*
- Provides advanced support for a healthy intestinal lining, which is essential for healthy digestion and overall health*

AdvaClear®;—supports balanced metabolic detoxification activity and provides antioxidant protection against reactive oxygen intermediates produced during the detoxification process*

• Delivers methylated vitamin B12 and folic acid along with nutrients designed to enhance the activities of several liver detoxification enzymes*

Free shaker cup—convenient way to mix a nutritional powder

Program guide—easy-to-follow instructions, menu plans, and recipes<

Program diary—for patients to track their experience

Free webinar—on-demand presentation from Metagenics clinicians

Web-based tools, recipes, FAQs, and sign-up for daily motivational emails at $\underline{\text{ClearChangeProgram.com}}$

UltraClear Plus Pineapple Banana

Ingredient	Amount	Daily Value
Serving Size:	About 2 Scoops (44 g)	
Servings Per Container:	21 (by weight)	

150	
30	
3 g	5%*
1 g	5%*
19 g	6%*
2 g	8%*
7 g	
10 g	
	30 3 g 1 g 19 g 2 g 7 g

/itamin A (4000 IU as peta-carotene and 1000 IU as retinyl palmitate)	5000 IU	100%
/itamin C (as ascorbic acid)	300 mg	500%
/itamin D (as cholecalciferol)	35 IU	9%
/itamin E (as d-alpha ocopheryl acetate)	42 IU	140%
Thiamin (as thiamin HCI)	2 mg	133%



Riboflavin	2 mg	118%
Niacin (as niacinamide)	7 mg	35%
Vitamin B_6 (as pyridoxine HCI)	3.4 mg	170%
Folate (as calcium L-5- methyltetrahydrofolate)	80 mcg	20%
Vitamin B ₁₂ (as methylcobalamin)	3.6 mcg	60%
Biotin	135 mcg	45%
Pantothenic Acid (as D-calcium pantothenate)	36 mg	360%
Calcium (as calcium citrate and dicalcium phosphate)	200 mg	20%
Iron	0.5 mg	3%
Phosphorus (as dipotassium phosphate and dicalcium phosphate)	250 mg	25%
lodine (as potassium iodide)	53 mcg	35%
Magnesium (as magnesium citrate and magnesium sulfate)	200 mg	50%
Zinc (as zinc gluconate)	10 mg	67%
Copper (as copper gluconate)	1 mg	50%
Manganese	1 mg	50%
Chromium (as chromium picolinate)	50 mcg	42%
Sodium	70 mg	3%
Potassium (as dipotassium phosphate and potassium iodide)	420 mg	12%
Glycine	1600 mg	*ok
L-Lysine (as L-lysine HCl)	505 mg	**
L-Threonine	285 mg	**
L-Alanine	235 mg	**
DL-Methionine	170 mg	**
L-Glutamine	100 mg	**
L-Cysteine (as L-cysteine HCl)	85 mg	**
Sulfate (as magnesium sulfate)	20 mg	***
Decaffeinated ^{II} Green Tea (Camellia sinensis) Leaf Extract [standardized to 60% (15 mg) catechins and 40% (10 mg) epigallocatechingallate (EGCG)]	25 mg	**

AdvaClear

Ingredient	Amount	Daily Value
Serving Size:	2 Capsules [†]	
Servings Per Container:	63	
Vitamin A [67% (1667 IU) as beta-carotene ^{††} and 33% (834 IU) as retinyl palmitate]	2500 IU	50%
Vitamin C (as ascorbic acid)	133 mg	222%
Vitamin D (as cholecalciferol)	33 IU	8%
Vitamin E (as d-alpha tocopheryl succinate)	67 IU	223%
Thiamin (as thiamin mononitrate)	10 mg	667%
Riboflavin	5 mg	294%
Niacin (as niacinamide and niacin)	23 mg	115%

Vitamin _{B6} (as pyridoxine HCI)	17 mg	850%
Folate (as calcium L-5-methyl-tetrahydrofolate ^{†††})	268 mcg	67%
Vitamin B_{12} (as methylcobalamin) .	33 mcg	550%
Biotin	66 mcg	22%
Pantothenic Acid (as d- calcium pantothenate)	33 mg	330%
Zinc (as zinc citrate)	6.5 mg	43%
Selenium (as selenomethionine)	50 mcg	71%
Copper (as copper citrate)	0.65 mg	33%
Manganese (as manganese citrate)	1.65 mg	85%
Molybdenum (as molybdenum aspartate)	66 mcg	88%
Silymarin (from milk thistle seed extract, Silybum marianum)	50 mg	*
Decaffeinated Green Tea (Camellia sinensis) Leaf Extract [standardized to 60% (33.6 mg) catechins and 40% (22.4 mg) epigallocatechingallate (EGCG)]	56 mg	*
Artichoke (<i>Cynara scolymus</i>) Leaf Extract (containing cynarin and chlorogenic acid)	167 mg	*
Watercress (<i>Nasturtium</i> officinale) Aerial Parts 4:1 Extract	133 mg	*
N-Acetyl-L-Cysteine	67 mg	*
Sodium Sulfate	100 mg	*
Taurine	117 mg	*
Pomegranate (<i>Punica</i> granatum L.) Whole Fruit Extract [standardized to 45.8 mg gallic acid equivalent (GAE)]	87.5mg	*

UltraClear Plus Pineapple Banana

Other Ingredients: Rice protein concentrate, rice syrup solids, natural flavorsth, olive oil, medium chain triglycerides, silica, and rice maltodextrin.

Directions: Shake canister before scooping. Blend, shake, or briskly stir about 2 level scoops (44 grams) of UltraClear Plus into 8 fluid ounces of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to $\frac{1}{2}$ to 1 scoop with 4 to 5 ounces of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

Warning: Excess vitamin A intake may be toxic, may increase the risk of birth defects , and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless instructed to do so by a healthcare practitioner.

Caution: Do not use if pregnant or nursing. If taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

This product is non-GMO & gluten free.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

[†]Contains no more than 4% caffeine.

^{††}No MSG.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

AdvaClear

Other Ingredients: Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

Directions: Take two capsules once daily or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless directed to do so by a healthcare practitioner.

Caution: If pregnant or nursing, taking other nutritional supplements, or taking medications, consult your healthcare practitioner before use. To be taken under supervision of a healthcare provider. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*Daily Value not established.

[†]Vegetarian capsule

"Betatene® mixed carotenoids.

***As Metafolin*. Metafolin* is a registered trademark of Merck KGaA, Darmstadt Germany. U.S. Patent Nos. 5,997,915; 6,254,904.

[‡]Contains no more than 4% caffeine.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65warnings.ca.gov/food