



FolaPro®

L-5-Methyltetrahydrofolate

Form: Tablets

Flavor:

Size: 120 Tablets

FolaPro® features the methylated form of folate called L-5-methyltetrahydrofolate as Metafolin®. Unlike folic acid, this form of folate requires no additional metabolic steps to be utilized by the body, making it a preferred choice for many individuals. Folate is an essential nutrient for many body processes, including hormone metabolism, DNA synthesis, homocysteine metabolism, and nervous system function.*

Ingredient	Amount	Daily Value
Serving Size:	1 Tablet	
Servings Per Container:	120	
Folate (as calcium L-5-methyltetrahydrofolate ¹)	1,330 mcg DFE	333%

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), and silica.

Directions: Take one tablet daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

¹As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany