Supplement Facts

Bacillus Coagulans (SNZ1969), Lactospore® (Bacillus coagulans MTCC5856) , Bacillus Subtilis (DE111)

** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

OTHER INGREDIENTS: Capsule Shell (Hypromellos, Water),

FREE OF: milk, eggs, fish, crustacean shellfish, tree nuts,

Low Moisture Rice Dextrin, Medium Chain Triglycerides

% Daily Value**

11 Billion CFU

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving

CB Complex

peanuts, soy, gluten.



Product No. RN163

CoreBiotic[™] Sensitive

Prebiotic-free for Sensitive Patients

Features & Benefits

CoreBiotic™ Sensitive was specifically developed for patients who are sensitive to prebiotics and/or are following a low FODMAP diet. CoreBiotic™ Sensitive includes the same 11 billion CFU's per dose and the same researched-based strains as CoreBiotic™, but without the VitaFiber™.

CoreBiotic™ Sensitive combines three spore forming probiotics to help promote the development of a healthy digestive microbiome. Spore based probiotics are derived from the soil. Traditionally when people consumed organic produce they ingested soil-based probiotic organisms (SBO). These SBO's helped maintain a normal microbiome in the intestines. Today

with processed foods containing pesticide and hormone residues, people do not consume these beneficial SBO bacteria leading to dysbiosis or microbial imbalance.

Because they are derived from soil and not from dairy, SBO's are heat stable, dairy-free, pesticidefree, and hormone-free. Safety for humans has been established by double-blind, randomized, placebo-controlled trials.1

Spore forming probiotic bacteria can withstand stomach and bile acid.² This allows them to pass into the intestines safely without degradation. Once in the intestines they leave the spore form and produce lactic acid which has natural antibacterial properties to prevent growth of

pathogenic bacteria. This competitive inhibition helps the beneficial probiotic bacteria proliferate.

Each probiotic in CoreBiotic™ Sensitive is identified by genomic sequencing for a specific strain. Only strainspecific probiotics have undergone rigorous genomic studies, guaranteeing accurate strain specificity, potency and safety. Each of the strains in CoreBiotic™ Sensitive has research on its safety and efficacy.

Suggested Use

Take 2 capsules once daily at least 30 minutes before eating

- 1 Double-Blind, Placebo-Controlled, Parallel Study Evaluating the Safety of Bacillus coagulans MTCC 5856 in Healthy Individuals. Majeed M. et al. J Clin Toxicol 2016.
- 2 Acid and bile tolerance of spore-forming lactic acid bacteria. Hyronimus B. et al. In J Food Microbiol 2000. PMID:11078170.
- 3 Tolerance and Efficacy of the Probiotic DE-1111^M Delivered in Capsule Form. Gina M. Labellarte et al. Department of Biology, University of Wisconsin- La Crosse. 4 Secretory immunity in the local digestive functions. Use of spores of B. subtilis in some forms
- of disease with IgA deficiency and hypogammaglobulinemia. Bonomo R, et al. Chemioter Antimicrob. 1980;3:237–240.
- 5 In vitro effects of Bacillus subtilis on the immune response Ciprandi G, Scordamaglia A, Venuti D, Caria M, Canonica G W. Chemioterapia. 1986;5:404-407.
- 6 Probiotics-Host Communication: Modulation of Signaling Pathways in the Intestine. Thomas, Carissa M, and James Versalovic. Gut Microbes 1.3 (2010): 148–163. PMC. Web. 24 Feb. 2015.
- 7 Chemoimmunotherapy for multiple myeloma using an intermittent combination drug schedule (melphalan + prednisone) and alternating course of B. subtilis spores. Vacca A, Pantaleo G, Ronco M, Dammacco F. Chemioterapia. 1983;2:300–305.
- 8 The use of Bacillus subtilis as an antidiarrheal microorganism. Mazza P. Boll Chim Farm.
- 9 Bacillus subtilis spores as a natural pro-host oral agent. Preliminary data in children. Novelli A. et al. Chemioterapia. 1984;3:152–155.
- 10 Bacillus coagulans significantly improved abdominal pain and bloating in patients with IBS. Hun, L., 2009. Postgrad Med. 121:119-124.
- 11 Bacillus coagulans MTCC 5856 supplementation in the management of diarrhea predominant Irritable Bowel Syndrome: a double blind randomized placebo controlled pilot clinical study. Majeed M. et al. Nutr J. 2016 Feb 27;15:21. doi: 10.1186/s12937-016-0140-6.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Each Capsule Includes:

Features Constituents/ **Benefits*** Actions **Probiotic Bacillus** · Research showing increase in beneficial subtilis Bifidobacterium³ complex (DE111 strain) • Benefits in glucose, cholesterol, and triglyceride metabolism³ Supports the normal immune reaction of intestinal cells4,5

- · Communicates with intestinal cells to
- maintain healthy gut barrier function⁶ • Works via competitive exclusion (to the detriment of harmful bacteria)7,8
- · Isolated and described in 1915. It is considered to be a normal inhabitant of the gut in animals and humans9
- Bacillus • Promotes healthy cholesterol levels coagulans · Promotes healthy microbiome of (SNZ1969
 - genitourinary system
 - · Works via competitive exclusion (to the detriment of harmful bacteria)
 - Helps regulate gastrointestinal motility^{10,11}. Healthy small intestine motility prevents unhealthy microbes from colonizing, avoiding overgrowth



Strain)

Bacillus

strain

coagulans

(Lactospore

MTCC 5856)

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