#### TWO FLAVORS Original & Vanilla Caramel



Product No. RN141 Product No. RN164

**Features** 

Liposomal

Delivery

## C-RLA™

## Liposomal Vitamin C & R-Lipoic Acid

#### Features & Benefits\*

C-RLA™ offers a safe, efficacious delivery system of High Dose Vitamin C and R-Lipoic Acid in one formulation. Each serving contains 1,500mg of Vitamin C and 70mg of R-Lipoic Acid in a natural (GMO-free) liposomal preparation. As most oral Vitamin C doses above 250mg are very poorly absorbed, the only efficacious high dose oral delivery system is via liposomes. Many doctors supplement in-office Vitamin C drips with C-RLA<sup>TM</sup> so the patients continue to receive the benefit of high-dose Vitamin C without stomach distress.

Lipoic acid helps protect against oxidative stress generated by high glucose levels. Alpha-lipoic acid consists of two different forms (isomers) that have vastly different properties. The "R" form is the biologically active component (native to the body) that is responsible for lipoic acid's phenomenal antioxidant effect. The "S" form is produced from chemical manufacturing and is much less effective. Typical alpha-lipoic acid

> consist of the "R" and "S" form in a 50/50 ratio. R-lipoic Pure acid may be 10 times more effective than forms other of lipoic acid and has been

supplements

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

## C-RLA™ Original

Supplement Facts

Serving Size: 2 teaspoons (10 mL) Servings Per Bottle: 30			
Amount Per Serving	%Daily Value**		
Calories	5		
Carbohydrates	6 g	2%	
Total Sugars less than 1g			
Vitamin C (as Sodium Ascorbate)	1500 mg	1667%	
Sodium (as Sodium Ascorbate)	197 mg	9%	
R-Lipoic Acid (as Sodium R-Lipoic Acid)	70 mg	†	
** Percent Daily Values are based † Daily Value not established.	on a 2,000 calorie	diet.	

Other Ingredients: Allulose, deionized water, sunflower lecithin, licorice extract, peppermint oil, spearmint oil.

#### RLA™ Vanilla Caramel

Supplement Facts				
Serving Size: 2 teaspoons (10 mL) Servings Per Bottle: 30				
Amount Per Serving	%Daily Value**			
Calories	5			
Carbohydrates	6 g	2%		
Total Sugars 6g				
Vitamin C (as Sodium Ascorbate)	1500 mg	1667%		
Sodium (as Sodium Ascorbate)	197 mg	9%		
R-Lipoic Acid (as Sodium R-Lipoic Acid)	70 mg	†		
** Percent Daily Values are based or † Daily Value not established.	n a 2,000 calorie di	et.		

Other Ingredients: Allulose, deionized water, sunflower lecithin, vanilla extract, grapefruit seed extract, stevia

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and gluten. Produced in a facility that may process other ingredients containing these allergens.

called the "mitochondrial antioxidant" because it is a key component of mitochondrial dehydrogenase complexes. The pure R-Lipoic Acid in C-RLA<sup>TM</sup> supports a healthy inflammatory response and is a potent freeradical scavenger.\*

#### Suggested Use

As a dietary supplement, mix 2 teaspoons in water and take away from food, or as directed by a health care professional. Shake well before use. Refrigerate after opening.

#### **Cautions**

If pregnant or nursing, consult your health care professional before use.

· Non-soy product for those phospholipids with soy sensitivities 1,500 mg High-dose · Offers absorption of highdose Vitamin C which is not Vitamin C Vitamin C available in oral capsules and tablets · Liposomal delivery means no stomach distress

**Each Serving Includes:** 

Constituents/

**Actions** 

Natural, GMO-

free phosphati-

100% sunflower-

dylcholine

derived

- 70 mg Natural & preferred form of R-Lipoic lipoic acid Acid
- · Biologically active form of alpha-lipoic acid

Benefits\*

• Efficacious delivery system,

often used for delivery of

• Allows for high dose vitamins

for increased absorption

pharmaceuticals

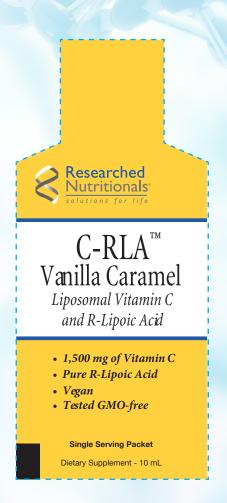
- · Powerful antioxidant which promotes healthy mitochondrial function & inflammatory response
- \* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



P.O. Box 224, Los Olivos, CA 93441

Toll Free: 800.755.3402 • Tel: 805.693.1802 • Fax: 805.693.1806

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# C-RLA™

Liposomal Vitamin C & R-Lipoic Acid

# FREE SAMPLE!

#### TWO FLAVORS Original & Vanilla Caramel



## High Absorption, No Stomach Distress

Each serving contains 1,500 mg of Vitamin C and

70 mg of R-Lipoic Acid in a natural, GMO-free liposomal preparation. As most oral Vitamin C doses above 250 mg are very poorly absorbed, the only efficacious high dose oral delivery system is via liposomes from natural phosphatidyl choline. Many doctors supplement inoffice Vitamin C drips with C-RLA™ so the patients continue to receive the benefit of high-dose Vitamin C without stomach distress.

### **Power-Packed Antioxidant**

High dose Vitamin C plus pure R-Lipoic Acid provides unparalleled antioxidant support.\* R-Lipoic Acid, the "mitochondrial antioxidant", promotes healthy levels of oxidative stress and mitochondrial energy producing capability.\*

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