

## PABA

### DESCRIPTION

PABA capsules, provided by Douglas Laboratories, supplies 500 mg of this well known nutrient.

### FUNCTIONS

While not truly a vitamin, choline, inositol, para-aminobenzoic acid is an important nutrient related to B vitamins. Para-aminobenzoic acid has antioxidant properties and is used to support healthy skin and hair.

### INDICATIONS

PABA may be a useful dietary adjunct for individuals wishing to supplement with this nutrient.

### FORMULA (#81510)

1 Capsule Contains:

PABA ..... 500mg

### SUGGESTED USE

Adults take 1 capsule daily or as directed by physician.

### SIDE EFFECTS

No adverse side effects have been reported.

### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

### REFERENCES

Clegg DO, Reading JC, Mayes MD, et al. Comparison of aminobenzoate potassium and placebo in the treatment of scleroderma. *J Rheumatol* 1994;21:105-10.

Pathak MA. Sunscreens: Topical and systemic approaches for protection of human skin against harmful effects of solar radiation. *J Am Acad Dermatol* 1982;7:285-312.

Sieve BF. The clinical effects of a new B Complex Factor, para-aminobenzoic acid, on pigmentation and fertility. *Southern Medicine & Surgery* 1942;135-9.

Wiesel LL, Barritt AS, Stumpe WM. The synergistic action of para-aminobenzoic acid and cortisone in the treatment of rheumatoid arthritis. *Am J Med Sci* 1951;243-8.

Zarafonitis CJ. Darkening of gray hair during para-amino-benzoic acid therapy. *J Invest Dermatol* 1950;399-401.

Zarafonitis CJ, Dabich L, Skovronski JJ, et al. Retrospective studies in scleroderma: skin response to potassium para-aminobenzoate therapy. *Clin Exp Rheumatol* 1988;6:261-8.

**For more information on PABA visit [douglaslabs.com](http://douglaslabs.com)**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.