# Potassium 99 mg Chelated

#### DESCRIPTION

Potassium 99 mg Chelated capsules, provided by Douglas Laboratories, supplies 99 mg of elemental potassium from potassium amino acid chelate.

## **FUNCTIONS**

Potassium is a mineral with fundamentally important physiological functions in the body. However, typical diets in the U.S. and other industrialized countries often provide less than adequate amounts of potassium. Potassium is of great physiological importance, contributing to the transmission of nerve impulses, the control of skeletal muscle contractility, and to the healthy maintenance of already normal blood pressure. Potassium is generally well absorbed from the gastrointestinal tract, and the kidneys regulate total body potassium by controlling urinary potassium excretion.

#### INDICATIONS

Potassium 99 mg Chelated capsules may be a useful dietary adjunct for individuals wishing to supplement their diet with potassium.

# FORMULA (#7109)

## SUGGESTED USE

Adults take 1 capsule daily with meals or as directed by a healthcare professional.

#### SIDE EFFECTS

No adverse side effects have been reported.

# **STORAGE**

Store in a cool, dry place, away from direct light. Keep out of reach of children.

### **REFERENCES**

Isaac G, Holland OB. Drug-induced hypokalamia: A cause for concern. Drugs & Aging 1992;2:35-41. Robertson JI. Diuretics, potassium depletion and risk of arrhythmias. Eur Heart J 1984;5(Suppl A):25-8. Whelton PK, Buring J, Borhani NO, et al. The effect of potassium supplementation in persons with a high-normal blood pressure. Results from phase 1 of the trials of hypertension prevention (TOHP). Ann Epidemiol 1995;5:85-95.

#### For more information on Potassium 99 mg Chelate visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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