# Uro-Pro® (For Men Only!)

## Nutritional support for prostate health<sup>†</sup>

## DESCRIPTION

Uro-Pro® is a comprehensive combination of vitamins, minerals, amino acids, herbals, and other nutrients, carefully formulated and specifically designed to support the healthy function of the prostate gland during the normal aging of men.<sup>+</sup>

## **FUNCTIONS**

The active ingredients of Uro-Pro® have been shown to positively affect the structure and function of a man's prostate gland.<sup>+</sup> Saw Palmetto (*Serenoa repens*), aided by pygeum (*Pygeum africanum*), inhibits the conversion of testosterone to its more active form, dihydrotestosterone (DHT), via inhibition of alpha-5-reductase. Saw palmetto not only inhibits the binding of DHT to cellular receptors, but also has alpha1-adrenoceptor-inhibitory properties. Alpha1-adrenoceptor antagonism may be responsible for saw palmetto's therapeutic effect in supporting the urinary tract during the normal aging of men.<sup>+</sup> Saw palmetto extracts have also been found to help maintain healthy levels of prostaglandins and leukotrienes which in turn support healthy processes.

Supplementation with *Pygeum africanum* extract, in men 50 to 75 years, significantly improved several aspects of prostate function, including nocturnal frequency, maximum flow and volume. † In addition, pygeum extract, like saw palmetto, provides maintenance of healthy prostaglandin levels. Other nutrients have also shown promise for prostate health. Phytosterols, such as those found in pumpkin seeds as well as those found in soy have been shown to support urine flow and frequency of urination. † Vitamin E and zinc antioxidant properties against oxidative damage to the prostate.

#### **INDICATIONS**

Uni-Pro® capsules may be a useful dietary supplement for men who wish to support and maintain the healthy structure and function of their prostate gland.<sup>+</sup>

### FORMULA (#82044)

Each Capsule Contains:	
Saw Palmetto (standardized extract)	160 mg
Pygeum Africanum (standardized extract)	50 mg
Pumpkin Seed Powder	100 mg
Glycine	
L-Alanine	50 mg
L-Glutamic Acid	50 mg
Grape seed extract	10 mg
Vitamin A	2,500 I.U.
Vitamin E (d-alpha Tocopheryl Succinate)	30 I.U.
Vitamin B-6	25 mg
(Pyridoxine HCI/Pyridoxal-5-Phosphate)	Ū.
Zinc (from Zinc Picolinate/Oxide Complex)	15 mg

### SUGGESTED USE

Adults take 1 capsule daily or as directed by a healthcare professional.

### SIDE EFFECTS

No adverse side effects have been reported.

## Uro-Pro® (For Men Only!)

Nutritional support for prostate health<sup>+</sup>

#### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

#### REFERENCES

Pais P. Advances In Therapy [serial online]. August 2010;27(8):555-563.

Goepel M, Hecker U, Krege S, Rübben H, Michel M. The Prostate [serial online]. February 15, 1999;38(3):208-215.

Aliaev I, Vinarov A, Lokshin K, Spivak L. Urologiia (Moscow, Russia: 1999) [serial online]. January 2002;(1):23-25.

Paubert-Braquet M, Mencia Huerta J, Cousse H, Braquet P. Prostaglandins, Leukotrienes, And Essential Fatty Acids [serial online]. September 1997;57(3):299-304.

Chatelain, C., Autet, W., Brachman, F. (1999) Urology (1999);54:473-478.

Daragó A, et al. Clinical Chemistry And Laboratory Medicine: CCLM / FESCC [serial online]. October 2011;49(10):1699-1705.

Russo G, Cimino S, Morgia G, et al. Mini Reviews In Medicinal Chemistry [serial online]. October 2013;13(11):1564-157

Carbin BE, Larsson B, Lindahl O. Br J Urol 1990;66:639-41.

Fleshner N, Fair WR, Huryk R, et al. J Urol 1999;161:1651-4.

Gerber GS, Zagaja GP, Bales GT, et al. Urology 1998;51:1003-7.

Goepel M, Hecker U, Krege S, et al. Prostate 1999;38:208-15.

Ripple MO, Henry WF, Schwarze SR, et al. J Natl Cancer Inst 1999;91:1227-32.

Wilt TJ, Ishani A, Stark G, et al. [published erratum appears in JAMA 1999 Feb 10;281(6):515] [see comments]. Jama 1998;280:1604-9.

#### For more information on Uro-Pro® (For Men Only!) visit douglaslabs.com

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by Douglas Laboratories 600 Boyce Road Pittsburgh, PA 15205 800-245-4440 douglaslabs.com



© 2015 Douglas Laboratories. All Rights Reserved