

Vitamin C Products

Vitamin C is one of the most important watersoluble antioxidant nutrients and is involved in a wide variety of biochemical reactions throughout the body. Humans, unlike most other mammals, cannot manufacture vitamin C, so we must rely on food or nutritional supplements. Vitamin C is stored in tissues throughout the body, and is especially concentrated in the adrenal glands, where it is crucial for the production of adrenal hormones involved in responding to stress.* The body uses vitamin C in immune system functions including white blood cell production, histamine release and degradation, the reduction of glutathione, and the metabolism and protection of several other nutrients.* Vitamin C is involved in detoxifying heavy metals such as lead, cadmium, mercury and nickel.* It is involved in the production of collagen and elastin, important connective tissue proteins.* Vitamin C may also support HDL cholesterol within normal levels, and bone mineral density.*

Allergy Research Group® has pioneered the development of buffered vitamin C products, and continues to offer the purest and least allergenic vitamin C products available. In addition to its hefty content of ascorbic acid, our buffered vitamin C also supplies the macro-minerals calcium and magnesium at approximately one half the RDI per heaping teaspoon, which may make it desirable for individuals who do not regularly consume dairy products."

Buffered Vitamin C Powder is formulated with carbonates of calcium, magnesium, and potassium, giving an acid-alkaline buffering action (pH 7.0 in water), potentially improving bowel tolerance and minimizing hyperacidity.*

Allergy Research Group® Buffered Vitamin C has been used clinically for offsetting acute hypersensitivity reactions and the addictive craving for foods, cigarettes and other withdrawal states from stimulants and alcohol." A study at the Haight-Ashbury Free Clinic in San Francisco demonstrated that Buffered Vitamin C could offset and reduce withdrawal symptoms for stimulants and opiates by 90% in outpatients, who took a teaspoon of Buffered Vitamin C whenever they felt a craving."

Our newest vitamin C product is Buffered Cassava Vitamin C capsules, providing high-purity non-GMO ascorbic acid from cassava root, buffered with carbonates of calcium and magnesium. Polyphenol-C® 500 offers pure non-GMO vitamin C with concentrated polyphenols from grapes, blueberries, cranberries, blackberries, raspberries, and strawberries. Micro Liposomal C utilizes non-GMO vitamin C, in pure essential phospholipids from non-GMO sunflower lecithin. The soy-free liposomes are several times smaller than other vitamin C liposome products. Micro Liposomal C pours freely as a liquid and tastes great.



Item #70010 120 vegetarian capsules

Buffered Vitamin C

Supplement Facts		
Serving Size Servings Per Container	2 (Capsules 60
Amount Per Serving	% Dail	y Value*
and the second second		2.2.2.2.07
Vitamin C (as Ascorbic Acid)	Ιg	1111%
Vitamin C (as Ascorbic Acid) Calcium (as Calcium Carbonate)		15%
	190 mg	
Calcium (as Calcium Carbonate)	190 mg	

Other ingredients: Hydroxypropyl methylcellulose, silicon dioxide, microcrystalline cellulose, stearic acid, magnesium stearate.



Item #76770 120 mL (4 fl. oz.)

Micro Liposomal C

Supplemen Serving Size Servings Per Co	1 Teaspo	on (5 mL) 24
Amount Per Ser	ving % Da	ily Value
Vitamin C (from Sodium A	(scorbate)	
(from Sodium A	ascorbate) 1000 mg	1111%

Other ingredients: Water, glycerin, ethanol, phospholipids (from purified sunflower seed lecithin), natural citrus oil





Vitamin C Products



Item #70000 240 grams (8.5 oz.)

Buffered Vitamin C Powder

Supplement Facts		
Serving Size Servings Per Container	½ Teaspoo	n (2.35g) 102
Amount Per Serving	% Da	ily Value*
Vitamin C (as Ascorbic Acid)	1.067 g	1186%
Vitamin C (as Ascorbic Acid) Calcium (as Calcium Carbonate)	1.067 g 202 mg	1186%
	202 mg	
Calcium (as Calcium Carbonate)	202 mg	16%
Calcium (as Calcium Carbonate) Magnesium (as Magnesium Carbonate	202 mg 107 mg	16% 25%

Other ingredients: Microcrystalline cellulose.

Pure Vitamin C Assorbic Acid Double distance representative to the second of the seco

Item #70020 120 grams (4.2 oz)

Item #75010

120 vegetarian capsules

Item #70030

100 vegetarian capsules

Pure Vitamin C Powder

Supplement Facts		
Serving Size Servings Per Container	½ Teasp	oon (2 g) 60
Amount Per Serving	% D	aily Value*
Amount Per Serving Vitamin C (as Ascorbic Acid)	% D 2 g	aily Value* 2222%

Polyphenol-C® 500



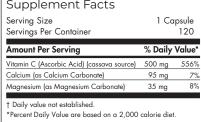
Item #77620 90 vegetarian capsules



Supplement Facts Serving Size Servings per Container	1 Capsule 90
Amount Per Serving	% Daily Value*
Vitamin C (as ascorbic acid) (non-GMO) (from 800 mg Polyphenol-C® Propri	500 mg 556% ietary Blend)
Berry Polyphenols (from 800 mg Polyphenol-C® Proprietary Blenc Extract (whole fruit), Blueberry Extract (whole Extract (whole fruit), and concentrates from Ble fruit), Raspberry (whole fruit), Strawberry (who	fruit), Cranberry ackberry (whole
†Daily value not established. *Percent Daily Value are based on a 2,000	calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, silicon dioxide.

Supplement Facts Serving Size 1 Caps Servings Per Container



Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, Nu-MAG® (rice extract, rice hulls, gum arabic,

sunflower oil), Nu-FLOW® (rice hulls), stearic acid.

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Esterol Ester-C®

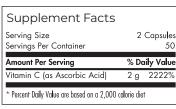


Item #70070 100 vegetarian capsules Item #70080 200 vegetarian capsules

Supplement Facts		
Serving Size	2	Capsules
Servings Per Container	50	or 100
Amount Per Serving	% Dai	ly Value*
Vitamin C (as Calcium Ascorbate)	1.35 g	1500%
Calcium (as Calcium Ascorbate)	150 mg	12%
Rutin	100 mg	†
Quercetin Dihydrate	50 mg	†
Grape Seed Extract (92% Proanthocyanidins)	5 mg	†
†Daily Value not established. *Percent Daily Value are based on	a 2,000 c	alorie diet

Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.

Pure Vitamin C



Other ingredients: Hydroxypropyl methylcellulose, stearic acid, magnesium stearate.

Magnesium Ascorbate



Item #70090 100 vegetarian capsules

Supplement Facts	
Serving Size	2 Capsules
Servings Per Container	50
Amount Per Serving	% Daily Value
Vitamin C (as Magnesium Aso	corbate)
	1g 1111%
Magnesium (as Magnesium A	1g 1111%
Magnesium (as Magnesium A	1g 1111%

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.