# **Brain** B Basics









GLUTEN S

SUGAR FRFF

DAIRY FREE

### **RECOMMENDED USE**

As a dietary supplement, take 1 capsule twice per day with or without food, or as directed by your healthcare practitioner.

### **QUICK FACTS**

Opti Zinc Plus™ uses a patented zinc chelate along with two proven ionophores to enhace and optimize cellular zinc absorption.

60 servings per container in vegetarian capsules.

SCAN TO ORDER











# **Opti Zinc Plus**



A comprehensive zinc formulation designed for optimal cellular absorption to support your immune and nervous system.

Opti Zinc Plus uses a patented zinc chelate along with two proven ionophores to enhance and optimize cellular zinc absorption. Ionophore literally means "ion carrier."

Zinc is an ionic compound that gets carried into the cells via the ionophore actions of quercetin and EGCG where it is essential. Failure in homeostasis of free zinc ions is known to be closely associated with neurological diseases such as Alzheimer's disease, amyotrophic lateral sclerosis, Parkinson's disease, ischemic stroke, and epilepsy. In addition, free zinc ions are also involved in apoptosis.

Zinc is the body's most abundant intracellular trace mineral with over 200 zinc-dependent processes identified so far. Most notable is the role zinc plays in supporting our immune system and combating viral infections. Neuroscientists have shown a strong relationship between viral infections in the central nervous system and such conditions as depression, schizophrenia, and Alzheimer's disease. Researchers have also found low cellular levels of zinc in the brains of Alzheimer's patients creating a strong case for improving cellular zinc status. When zinc levels are restored in patients with reduced cognition, their cognition also improves.

Beyond the role zinc plays in our immune system and nervous system, zinc also has key roles in optimizing:

- Memory
- Vision
- Smell
- Taste
- Blood sugar
- Stress response
- Skin/Acne
- Prostate
- Sexual Health

### Support your...

### MOOD · MIND · MEMORY

## A message from Dr. Michael Nelson, Brain Bean founder & CEO:



Dr. Michael Nelson, Brain Bean CEO

Here at Brain Bean, we are a passionate team of brain-health innovators on a mission to help you improve your MOOD, feed your MIND, and sharpen your MEMORY.

Our proprietary suite of painstakingly researched supplements are designed to protect your brain against age, stress, genetics, and dietary deficiency while giving you the clarity and vitality you need to get the most living out of life. It's time to think bigger about your brain.

We have formulated two product lines, Genius Formulas and Brain Basics. Our Genius Formulas are blends of the highest quality ingredients to help you support your body's functions by specific concern areas. Our Brain Basics are high-dosage, single ingredient

formulas to give your brain what it needs to thrive! Our two lines work together in synergy to protect what's most important, your brain!

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# **Brain** B Basics

#### **CUSTOMERS ARE SAYING:**



#### We can't do without our Zinc, Quercetin, EGCG, and Copper.

So I'm glad that this company put it in place English right on the label. Other highlights:(+) Easy to swallow(+) No bad after

—PositiveLogic

Using this along with vitamins C and D to help ward off Covid symptoms.

taste.(+) Reasonable cost

—Gina M.

We're using this because
Zinc with Querticin is a **good immunity booster**. We're
still waiting for our State to
implement a Covid vaccination
program. Until then, we're
using every tool we have to
stay virus free. This item
arrived very quickly and well
packaged. **We find the tablets easy to swallow and haven't experienced any stomach irritation**.

-B. Horvath

I bought this zinc supplement because I found it was the most complete in the market.

I make everyone in my family take this supplement to help aid their immune system, especially during these scary COVID-19 times.

-Melvin Daniel

It's the **only supplement that provides the zinc plus copper** that I've been searching for.

—Evie

## Opti Zinc Plus™



- Contains a patented zinc chelate along with two proven ionophores—EGCG and quercetin— to enhance and optimize cellular zinc absorption.
- Zinc bolsters your immune response against invading pathogens while supporting your nervous system.
- Zinc is the body's most abundant intracellular trace mineral with over 200 zinc-dependent processes identified so far.
- Researchers have also found low cellular levels of zinc in the brains of Alzheimer's patients creating a strong case for improving cellular zinc status.

Supplement   Serving Size: 1 Capsule Servings Per Container: 60	acts	
Amount Per Serving	% Dai	ly Value
Zinc (as zinc bisglycinate)	25 mg	227%
Copper (as copper bisglycinate chelate)	1 mg	111%
Green Tea leaf extract (Camellia sinensis) (standardized to 90% polypheno	100 mg ls, 50% EGCG)	
Quercetin (as quercetin anhydrous)	100 mg	

d to be used together so you

OTHER INGREDIENTS: Vegetable capsule, microcrystalline cellulose,

Brain Bean products are designed to be used together so you never need to worry about getting too much of any one ingredient.

Personalize your...

### MOOD · MIND · MEMORY

	PRODUCT	FOCUS, MEMORY, RECALL	ANXIETY	STRESS	ADAPT	MOOD	ENERGY	IMMUNE	CARDIO	BLOOD SUGAR	GUT & Brain	MUSCLE, Bone, Strength
Brain Genius	Brain G-Force	•	•	•								
	● Brain B-Balance	•	•			•	•		•			
	O Brain ResQ	•			•		•		•	•		
	Brain Spark	•	•	•					•			
	Brain Boost (Powder/Caps)	•		•	•	•	•	•				
	(B) Brain Bean Coffee	•				•				•	•	
Ğ	Zen Blend Coffee	•	•	•		•	•			•		
air	Brain Biotix		•	•		•		•			•	
Br	Brain Vitality		•	•	•		•	•				
	Brain Omega	•	•			•			•			
	Brain Immune	•				•		•			•	
	🕟 Brain Body				•	•		•		•	•	•
	Brain Recharge	•		•	•	•	•		•			
	© Ultra Pure Colostrum							•			•	
	Ultra Pure NAC		•		•			•				
10	Ultra Pure Astaxanthin	•				•	•		•			
Basics	Ultra Alpha-GPC	•			•		•					
Bas	© Ultra Pure Selenomethionine							•	•			
Brain	Ultra Iodine Complex					•	•		•			
	© Ultra Pure Berberine HCL								•	•	•	
	Opti Zinc Plus	•						•				
	Ultra Pure IgG		•	•				•			•	
	Opti D3 Plus	•				•		•				

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