

# Active Life Nutrient Capsules

*Multi Vitamin and Mineral Capsule*

## DESCRIPTION

Active Life Nutrient Capsules are a balanced vitamin/mineral/trace element supplement with over 22 essential nutritional ingredients in a convenient once daily capsule.

## FUNCTIONS

Studies have shown that a high percentage of adults and children in North America and other developed countries eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balances of these nutrients are needed not only for maintaining good health, but also for the dietary management and prevention of chronic disease. Active Life Nutrient Capsules have been formulated to provide nutrients in their active forms including: methylcobalamin, the active form of vitamin B12; MTHF, the active form of folic acid; and P5P, the active form of vitamin B6. This is in addition to active antioxidants such as alpha lipoic acid, lutein, lycopene and zeaxanthin.

Active Life Nutrient Capsules provide vital nutrients for the support of:

- Bone health by providing adequate dietary intake of all of the B Vitamins along with vitamin D, boron and zinc.
- Cardiovascular health by providing CoEnzyme Q10, lycopene, lutein, zeaxanthin, vitamins A, C, E mixed carotenoids and a complete B vitamin complex.
- Metabolic functions such as proper blood glucose levels which are supported by vitamins C, E, B6, B12, niacin and biotin as well as chromium, alpha lipoic acid and manganese.
- Anti-aging with the inclusion of vitamin A, C, E, mixed carotenoids, lutein, alpha lipoic acid, lycopene and zeaxanthin.
- Fat metabolism with the addition of choline and inositol which support fat metabolism and myelin sheath health.

Gluten free, Active Life Nutrient Capsules provides a balanced multiple vitamin/mineral supplement in a convenient capsule form.

## INDICATIONS

Active Life Nutrient Capsules is a useful dietary supplement for individuals who wish to consume essential nutrients for health.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## FORMULA (WW #10271)

### One capsule contains:

Vitamin A (as 50% Retinyl Acetate, 50% Mixed Carotenoids).....	3500 IU
Vitamin C (as Ascorbic Acid).....	150 mg
Vitamin D3 (as Cholecalciferol).....	2000 IU
Vitamin E (as d-Alpha Tocopheryl Succinate) .....	30 IU
Thiamine (as Thiamine HCl) .....	5 mg
Riboflavin (as Riboflavin 5-Phosphate).....	3.5mg
Niacin (as Niacinamide) .....	20mg
Vitamin B6 (as Pyridoxal 5-Phosphate).....	5 mg
Folate .....	400 mcg (as MTHF from 800mcg of Quatrefolic)
Vitamin B12 (as Methylcobalamin).....	500 mcg
Biotin .....	300 mcg
Pantothenic Acid (as Ca Pantothenate).....	10 mg
Iodine (as K Iodide).....	150 mcg
Zinc (as Zn Citrate).....	25 mg
Selenium (as Selenomethionine).....	50 mcg
Manganese (as Mn Citrate).....	2 mg
Chromium (as Cr Polynicotinate) .....	200 mcg
Molybdenum (as Mo Amino Acid Chelate).....	75 mcg
Coenzyme Q10 .....	50 mg
Alpha Lipoic Acid .....	50 mg
Choline (as Choline Bitartrate).....	25 mg
Inositol.....	25 mg
Lutein.....	3 mg
Boron (as B Amino Acid Chelate).....	1 mg
Lycopene .....	500 mcg
Zeaxanthin .....	500 mcg
Other ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.	
Contains: Fish (Tilapia).	

GLUTEN FREE

## SUGGESTED USE

Take 1 capsule daily with food, or as directed by a healthcare practitioner.

## SIDE EFFECTS

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

## STORAGE

Store in a cool, dry place, away from direct light. **KEEP OUT OF REACH OF CHILDREN.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for: PCCA  
9901 S. Wilcrest Dr.  
Houston, TX 77099  
281.933.6948